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modern**dog**

The lifestyle magazine for modern dogs and their companions

SUMMER 2023

THE MINDS OF DOGS

Understanding your best friend

Ultimate GEAR GUIDE

Tested & Approved Essentials

PUPPY PRIMER p54

QUIZ

What Are These Dogs Trying To Say?

+ LEARN to read your dog

DISCOVER health secrets

EXPLORE our enduring bond

p49

Your CBD Questions Answered

p24

Best Therapy Dogs Revealed!

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WHO NEEDS A BATH?

The Stinky Pet Co.

a luxury lifestyle brand - for the love of fur babies

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FOR THE LOVE OF FUR BABIES

Photo Credit: Sarah Stone Photography

The Stinky Pet Co. in LaGrange, Georgia, USA launches in honor and memory of a loved one. A portion of all sales will be donated to various animal rescue missions in the name of the founder's Mom.

Meet Abaco, a three year old Portuguese Water Dog and the face of the new brand. The pet friendly and sustainable line has three signature scents: Who Needs A Bath, No More Wet Fur Baby, and Calm Your Pawzz. Each scent offered in: Candles, Room Sprays, Sanitizers, and Essential Oil Blends.

We share our most sacred spaces with our most treasured pets. As a pet owner, I am hyper-aware of the scent of my dog in my own surroundings. I am constantly thinking I smell wet fur or saying to Abaco, "YOU NEED A BATH!", all while he is shaking his drooling face all over my world.

Kristin Sullivan, Founder

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You can meet Abaco and his owner Kristin in their store Plum Southern in the sweet southern town of LaGrange, Georgia. Abaco spends his days greeting customers in between naps.

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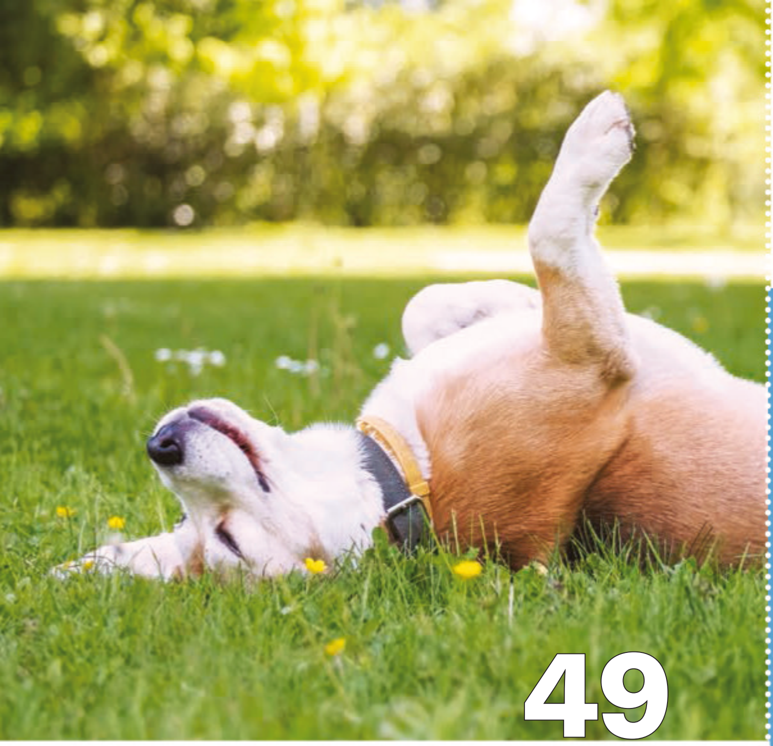

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BOTTOM RIGHT INSET EVE PHOTOGRAPHY/SHUTTERSTOCK

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OF THE UNITED STATES

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Fascinating dog trivia and little-known canine facts.
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EDITOR'S LETTER

CONNIE WILSON WITH PENNY, PHOTO KHAREN HILL

There are few that don't revel in the glorious season that is upon us! The joys of summer are many: early morning rambles while the grass is still dewy, romps at the dog beach, barbeques carefully overseen by hopeful pups. My dog Kaya, muse of this magazine, used to spend the summer months carefully plucking all the fruit she could find in the backyard as it came ripe. We hope you grab onto the best this bounteous season has to offer, like Kaya, and revel in the dog days of summer, even if that means reading a book (we have recommendations) in front of an oscillating fan.

With this issue, we've aimed to delight, inspire, and entertain. Take a peek at the poignant young/old dog portraits on page 14 and marvel at the gloriously fantastical AI-generated artwork on page 40.

Find your summer road trip inspiration on page 28. We also debunk dog behaviour myths and let you test your skills in reading canine body language—turn to page 34 to find out if you can speak dog. We've got fun summer finds galore (p 38), giveaways, expert puppy training tips, wellness advice, and tested and approved dog gear to make your life better. Dive on in! We hope this issue sparks joy and helps you make the most of the summer season!

With love,

Connie

Connie Wilson, Publisher & Editor-in-Chief

> “Dogs come into our lives to teach us about love; They depart to teach us about loss. A new dog never replaces an old dog. It merely expands the heart.”
>
> — Author Unknown

OUR READERS WRITE

moderndog
Your Forever Dog

You Got It, Eloise!

“Maybe one day I will have a pic in my favourite magazine...”—***Eloise, submitted by Agnieszka Nogaj Sciora***

Star Dog

We received our 10 copies I ordered of Modern Dog's spring issue. I was so excited I made a video. Finny was excited, too! The article was lovely and made me cry in the best way. Thank you again for helping us spread the word about rescue and our love for a beloved breed but also showing the light in Finny who is our little gift!—***Dawn Goldsmith***

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OUR INCREDIBLE BOND
THE Puppy ISSUE!

Love Letters

Milly (my almost six-month-old Shorkie puppy) and I love reading Modern Dog magazine. We found all the puppy training tips from your Spring 2023 issue, especially the tips for teething puppies, to be very helpful!—***Andrea & Milly***

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Skechers U.S.A., Inc., 228 Manhattan Beach Blvd., Manhattan Beach, CA 90266, 310-318-3100. Petco Love, 654 Richland Hills Drive, San Antonio, TX 78245, 858-453-7845. During the promotion, BOBS from Skechers will donate twenty-five cents USD per item of specially marked BOBS from Skechers footwear, apparel and accessories sold in the U.S. to Petco Love, a 501c3 nonprofit organization that helps save the lives of dogs, cats and other pets in America's shelters. The promotion runs from December 31, 2022 through December 31, 2023.

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CONTRIBUTORS

Sophie Casson's award-winning illustrations have appeared in publications from *Nature* to *The New York Times*. She was a finalist for the Governor General's Award for one of her children's books, and her art has been on display at the Canadian Human Rights Museum in Winnipeg. Her work is inspired by silkscreen printing, and she continues to explore other traditional techniques, such as monotype and lino prints, from her homebase in Montreal, where she lives with her partner and their Bichon. Turn to **page 28** for Sophie's lovely imagining of a road trip undertaken with a canine co-pilot.

Travel photojournalist ***Alan De Herrera*** specializes in humanitarian, military, aviation, and dog stories. He lives in Orange County, California with his rescued Border Collie mix, Capitán. Turn to **page 64** for his look at the incredible volunteer efforts to save the dogs of Ukraine.

This issue's cover was shot by the very talented ***Jason Krygier-Baum***, a professional animal photographer based in Toronto, ON. Jason specializes in creating engaging and graphic portraits that capture pets' unique personalities for both commercial clients and pet owners. Recently, he expanded his services with the launch of Fido Foto, offering playful studio sessions for pet parents looking to create a lasting tribute that embodies their furry friends' love, joy, and soul. See more on Instagram @fido.foto!

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Stuff We Love

Modern Dog staffers' picks of the litter!

1 If you've ever been curious about working with a pet psychic, look no further! Leia Lee of Desert Shores Psychic Center offers pet psychic readings connecting people with pets who have passed on or communicate with pets who are present. Fascinating!—***Linda*** (sessions start at $50, *desert-shores-psychic-center.com*)

2 Delight your dog with a good chew—it's mentally stimulating and helps promote dental health. Made from natural beef pizzles, Jones Natural Chews Bully Sticks come in small or large sizes, are high in protein, and dogs go crazy for them. A great enrichment tool!—***Jennifer*** (from $3, *jonesnaturalchews.com*)

3 I always look for real meat as the first ingredient. Red Barn's new Air Dried dog food recipes boast fish, chicken, or beef as the main protein source. Slowly oven roasted and minimally processed, they're packed with vitamins and minerals! —***Simran*** (from $38, *redbarn.com/air-dried-food-mdm*)

4 Interested in a career in Canine Therapeutic Massage? The Rocky Mountain School of Animal Acupressure and Massage offers both correspondence and in-person courses through four campuses in Colorado. —***Connie*** ($1,700 per class, *rmsaam.com*)

5 Does your dog have sensitive skin? Eco Dog Care's Simply Clean Calm Conditioning Shampoo has ingredients like aloe vera, argan, burdock root, colloidal oatmeal, jojoba, and pomegranate seed to help nourish, strengthen, and protect your dog's skin and coat.—***Megan*** ($18, *tinyurl.com/ecodogcarecalm*)

6 This lovely decorative sculpture celebrates the love and loyalty of our furry family members. With its aged stone finish, the Family Dog Stone from Carruth Studio makes a charming porch or garden piece.—***Cecilia*** ($55, *carruthstudio.com*)

7 The super pooch in your life will look dashing in an Our Kind Apparel Super Hero dog bandana! Made from 100% cotton twill, this square dog bandana is one size fits most for a comfortable fit.—***Anna*** ($16, *ourkind-apparel.myspreadshop.com*)

8 This sleek, high-tech pet feeder offers fresh food on schedule! The app-controlled PETKIT Fresh Element Infinity automatic feeder is compatible with dry food, freeze-dried food, and air-dried food. An auto-rotating bowl, voice control, consistent portioning and "triple fresh lock system" earn it rave reviews.—***Mina*** ($150, *petkit.com*)

9 Protect your small dog from predators and local wildlife while outdoors! Raptor Shield Vests are talon and bite-proof to shield your dog from coyotes, hawks, and other birds of prey.—***Yaunna*** ($79, *raptorshield.com*)

10 No-Hide Wholesome Chews are the pawfect boredom buster! These all-natural, hide-free chews are made with sustainable ingredients and are long-lasting. Available in a variety of proteins and sizes for small to large dogs!—***Pippin*** (from $5, *earthanimal.com*)

11 Smack Pet Food's amazing raw, dehydrated superfood offers all the health benefits of raw but with scoop and serve convenience! It's low-carb and made of only good stuff. My dog *loves* the Very Berry Chicken recipe made with 80 percent Manitoba free-range chicken (bone-in and organs) and 20 percent organic fruits and vegetables.—***Jory*** (from $17, *ca.smackpetfood.com*)

12 Harness the power of mushrooms for improved canine health! The new 7 Mushroom Blend from Hemp 4 Tails is a robust immune-boosting formula that helps fight inflammation and increase circulation while supporting a healthy brain and gut! —***Shakira*** ($65, *hemp4tails.ca/boost4tails*)

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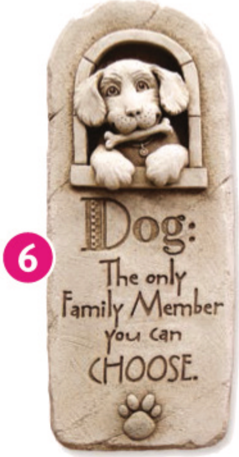

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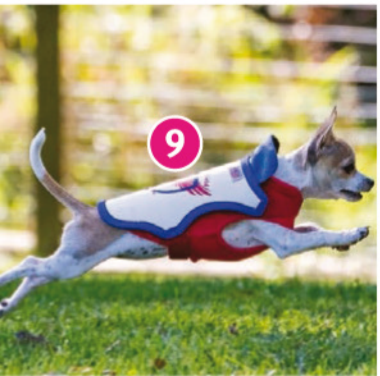

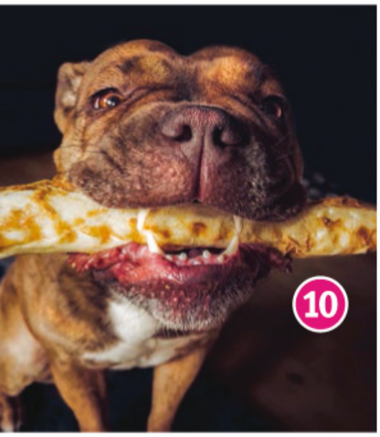

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SAY HELLO TO AMERICA'S NEW TOP DOG

French Bulldog unseats Lab as #1 most popular dog breed in the U.S.

There's a new top dog in town. The lovable Labrador Retriever's record-breaking reign as America's favourite has ended. The American Kennel Club (AKC) has announced that the French Bulldog has knocked the Labrador Retriever out of the number one spot, ending a 31-year stay.

With this unseating, the playful and adaptable French Bulldog is now America's most popular breed for the first time. Breaking the Lab's top-dog status of over three decades is no small feat. The AKC credits the French Bulldog's versatility for its popularity. The Frenchie is a smart, compact breed that can fit into various lifestyles. This petite dog was first recognized by the AKC in 1898. They are beloved by everyone from families to single owners for their charming and easy-going nature. French Bulldogs have surged in popularity due to their small size and generally quiet demeanor, making them good fits for apartments and smaller homes.

While it may come as a surprise to some that the always popular Lab's 31-year stay at the top has come to an end, the French Bulldog has been quietly climbing the charts for many years. Over the past decade, the Frenchie has gone from 14th in 2012 to number 1 in 2022, and registrations have increased over 1,000 percent over that period.

"The French Bulldog has seen a surge in popularity over the years, and for good reason," said AKC Executive Secretary Gina DiNardo. "Frenchies are playful, adaptable, loyal, and outgoing. They make wonderful companions for a variety of people."

Other breeds making moves in 2022 include the American Hairless Terrier, which jumped an impressive 15 spots year over year (#135 in 2021 to #120 in 2022), the Gordon Setter (#113 in 2021 and #99 in 2022), the Italian Greyhound (#73 in 2021 and #63 in 2022) and the Anatolian Shepherd Dog (#88 in 2021 and #79 in 2022). Making strides over the past decade are the Cane Corso (#60 in 2012 and #18 in 2022), the Belgian Malinois (#71 in 2012 and #32 in 2022), the Giant Schnauzer (#96 in 2012 and #58 in 2022) and the English Cocker Spaniel (#64 in 2012 and #40 in 2022).

LEAST POPULAR DOG BREEDS OF 2022
At the bottom of the list (Nos. 197 through 199) are the Sloughi, Norwegian Lundehund, and English Foxhound, all uncommon breeds.

Most Popular Dog Breeds of 2022

[1] French Bulldog
[2] Labrador Retriever
[3] Golden Retriever
[4] German Shepherd Dog
[5] Poodle
[6] Bulldog
[7] Rottweiler
[8] Beagle
[9] Dachshund
[10] German Shorthaired Pointer

Social Media Stars

Here's where some of social media's favourite breeds fall on the list: Pembroke Welsh Corgi (#11), Yorkshire Terrier (#13), Siberian Husky (#21), and Pug (#35).

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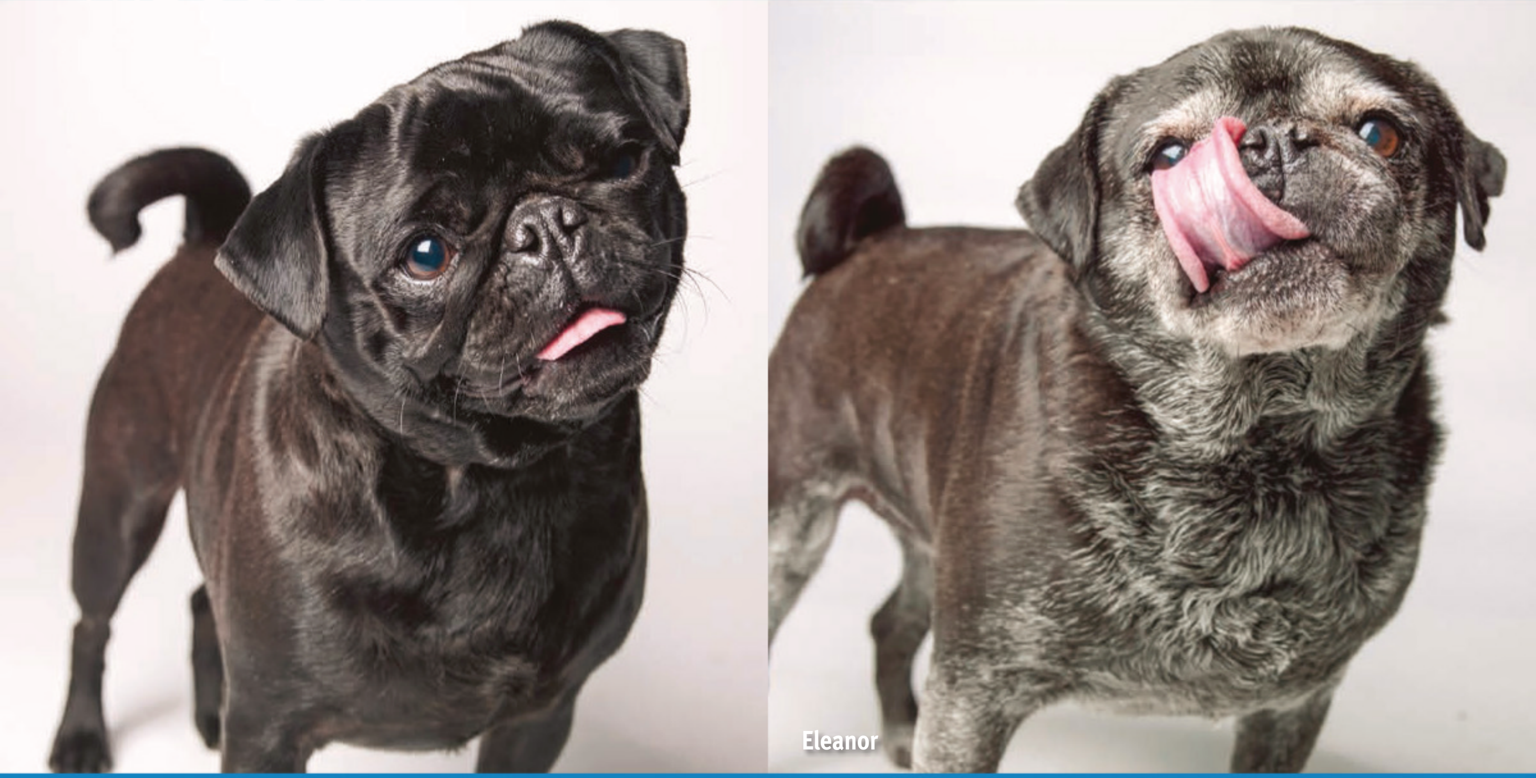


Eleanor

Dog Years

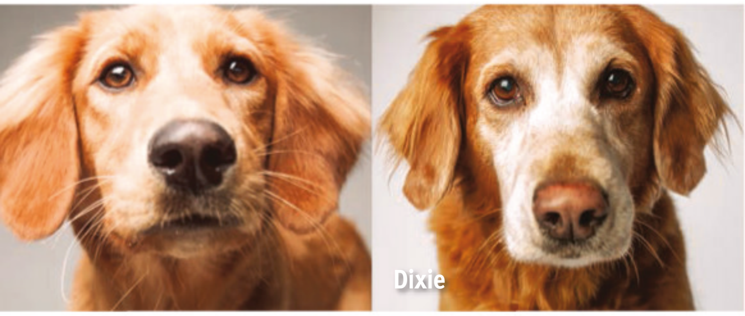
Photographer captures dogs first as puppies and again in old age, creating a poignant portrait of our all-too-fleeting time together

Renowned photographer Amanda Jones first photographed her dog Lily, a longhaired Dachshund, the day she brought her new pup home. In the 16 years that followed, Jones photographed Lily many times over, a practice that became the creative spark for her Dog Years Project. The aptly named photography series, ten years in the making, captures the lives of 50 dogs. In portraying each dog at both young and old ages, Jones reveals the unique spark of personality that lasts a lifetime. It's a heart-string-pulling tribute to dogs and the life we share with them.

"My hope was to share with dog lovers the beauty of dogs as they age—the wisdom gained that shows in their eyes, their scars that have accumulated over the years," says Jones. "I fear that people find the images a little bit sad, but I feel like they are inspiring. They should remind us to enjoy every minute we have with our dogs. It goes by so quickly!"

Her moving photography collection certainly conjures all the feels: the purity of the love we have for our canine best friends and the lamentable brevity of our time together. But most of all, it's a nudge to live every day to the fullest and hold your dear ones close. These beautiful portraits offer a poignant reminder of how fast it all goes by, and that life really is better with a dog by your side. *» dogyearsproject.com*

PHOTOS AMANDA JONES



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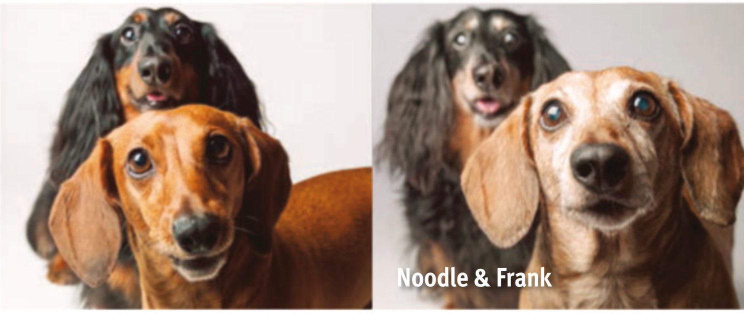

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This retro-inspired hotel is a dog lovers dream!

From the Instagram-ready "Wish You Were Here!" pool to island-vibe poolside entertainment, this swell little spot in Honolulu offers abundant aloha spirit. Pets stay free and there is no size limit.

Wish You Were Here!

For the quintessential Waikiki experience, grab your pup and head to The Surfjack, one of Waikiki's pup-friendliest hotels. This swell little spot is one of only a handful of Honolulu hotels to welcome dogs of all sizes. There are no restrictions on how many dogs per room, and best of all, dogs stay free!

Start your day with a flat white from the excellent lobby café and greet the dogs that stop by. While you wait for your coffee, peruse the tightly edited, modern souvenirs in the Banks Journal boutique and consider soaking up some of that Hawaiian sunshine poolside. The custom "Wish You Were Here!" pool is an Instagram shot waiting to happen.

Keep your eye out for Jack, The Surfjack's canine concierge and hotel namesake. Jack—who even has his own Instagram account, *@jackthehoteldog*—is available for play dates on the beach and can offer suggestions for pet-friendly spots around Waikiki. The hotel's pet-friendly amenities include complimentary dog-walking, a doggy daycare service that picks dogs up directly from the hotel lobby, and a curated list of recommended dog brands, companies, and activities so you and your dog can enjoy all Waikiki has to offer.

Evenings you'll want to hit up the hotel's award-winning Mahina & Sun's for food, drinks, and island-vibe entertainment poolside. Then retire to your mid-century styled room for a good night's sleep. After all, you'll need it if you want to take part in the hotel's most unique offering—surf and paddle boarding lessons with your dog. Available through Surfjack's exclusive partner, SUPDog Hawaii, this is one vacation activity that you'll remember forever—especially as guests can also book a photo shoot with local Oahu dog photographer Keri Nakahashi to capture the memories. Surfs up!

PHOTOS SURFJACK HOTEL

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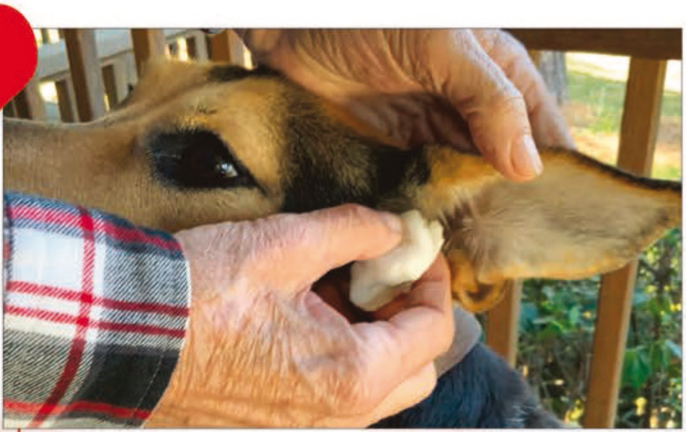

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WORLD'S OLDEST DOG TURNS 31

In February, a Portuguese pup named Bobi broke the record for the oldest dog ever. Now, he's celebrating his 31st birthday.

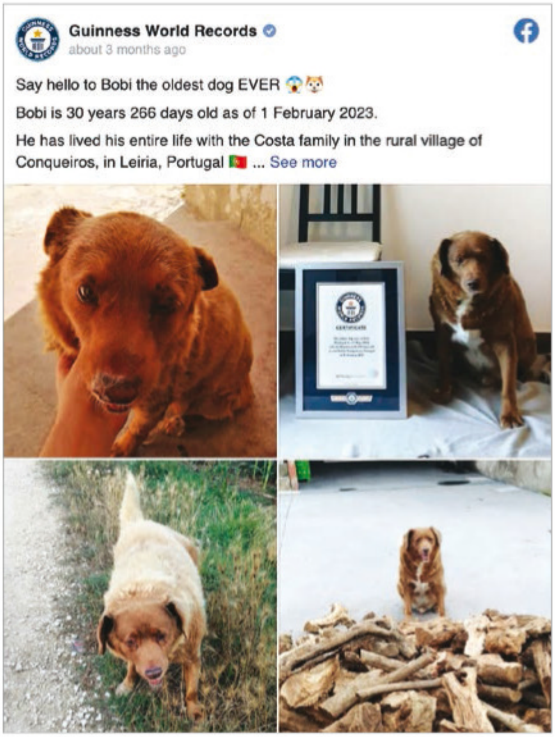
Bobi will be marking the occasion with a big "traditional" birthday party taking place at his home in the rural Portuguese village of Conqueiros in Leiria, western Portugal. The good boy will host 100 fans and friends, including some from other countries, says his owner Leonel Costa, 38.

Bobi is a purebred Rafeiro do Alentejo, a Portuguese breed of livestock watchdog that has a life expectancy of 12 years. The senior dog comes from a line with longevity. His mom, Gira, lived to be 18. Earlier this year, Bobi dethroned a 23-year-old Chihuahua from Ohio to claim the title of oldest living dog.

"Looking at him is like remembering the people who were part of our family and unfortunately are no longer here, like my father, my brother, or my grandparents who have already left this world," Costa told Guinness World Records. "Bobi represents those generations."

Bobi's birth date was confirmed by the Veterinary Medical Service of the Municipality of Leiria along with the government-run pet database SIAC.

Costa, who was just eight years old when Bobi was born, credits his dog's incredible longevity to the "calm, peaceful environment" he lives in "far from the cities," according to Guinness.



Guinness World Records
about 3 months ago

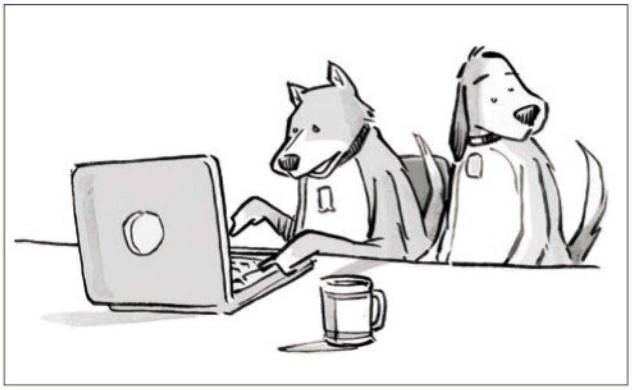
Say hello to Bobi the oldest dog EVER 😱🐶

Bobi is 30 years 266 days old as of 1 February 2023.

He has lived his entire life with the Costa family in the rural village of Conqueiros, in Leiria, Portugal 🇵🇹 ... See more

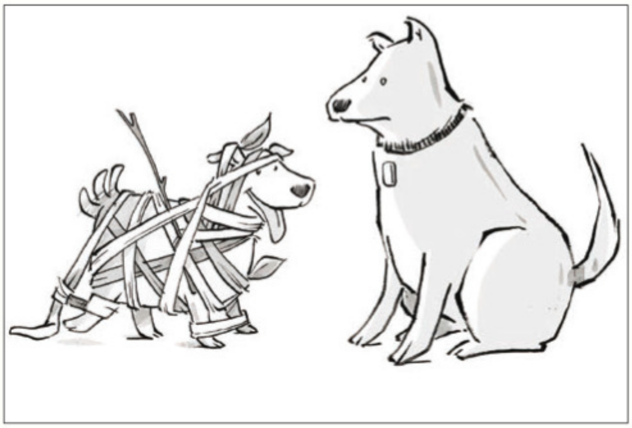
CAPTION THIS!

Exercise your funny bone. Create a caption for this cartoon and submit your entry at *moderndogmagazine.com/cartooncaption*. The most comic captions will be published in the next issue.



CARTOONS BY JOHN KLOSSNER; JKLOSSNER.COM

AND THE WINNING CAPTION FROM THE SPRING ISSUE IS...



"I'm Max, a Nova Scotia Duct Tape Tolling Retriever!"

Submitted by Stuart Argus

RUNNER-UP CAPTIONS

"You aren't allowed to watch the Met Gala next year."

Submitted by Mary Berg

"So, your little girl thinks she wants to be a vet, huh?"

Submitted by Melodie Pulvermacher

"Let them try to get the stick now."

Submitted by P. Watson

"Guess who got to run in the dump today? Come on, guess!"

Submitted by Joseph A. Dewan

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Modern Dog's Photo Contest Winners!

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COOPER
Australian Shepherd

TUCKER
Australian Cattle Dog

TOBY
Border Collie/Australian Shepherd Mix

TRUMAN
French Bulldog

BARKLEY
Mutt

ZOLA
Labrador Retriever

RAFFAEL
Shetland Sheepdog

ROSIE

CIARAN
Labrador Retriever

SUKI
Newfoundland/Landseer

ROCKY
Chownees

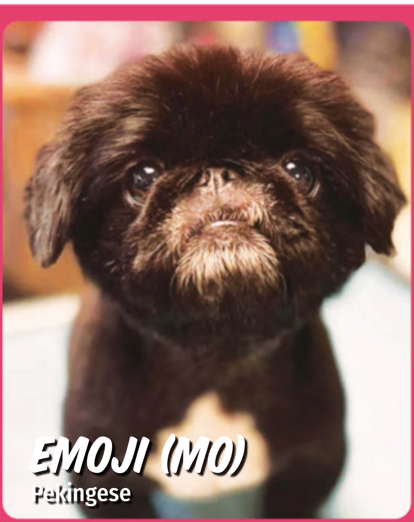
ROSIE
Shih Tzu

SASSY AF
CUTE AF

SAGE & ASPEN
Boxer/Pit Mix

OAKLEY
Chiweenie

CHEETO
Golden Retriever/
Aus. Shepherd Mix



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Boxer/Pit Mix

LEO
Boxer/Pit Mix

LUCY
Chiweenie

REMI
Labrador Retriever

THEO
Morkie

DUNCAN
Cavapoo

CODY
Labrador Retriever

POLLY
American Pitbull Mix

FINN
Shepherd/Collie Mix

THINK YOUR DOG OUGHT TO BE IN MODERN DOG?

Upload your dog's photo at ***moderndogmagazine.com/photocontest.*** Not only will he or she be entered to be our Dog of the Week, but a selection of the photos entered will appear on these pages!

Great Giveaways
ENTER TO WIN

We're giving it away! Enter to win fabulous giveaways each and every week in June, July and August.
Go to **moderndogmagazine.com/giveaways** to enter! Lucky readers will win every week.

INSET PHOTO: BUFFY
SUBMITTED BY LUCY

June

1st-7th

Win 1 of 8 one-year subscriptions to **Modern Dog magazine**, chock full of helpful articles, heartwarming stories, and so many cute dog photos!

8th-14th

Win 1 of 3 prize packs from **Orso Farms!** Includes three bottles of their 20 mg CBD pet tincture and a That'll Do pet CBD hat.

15th-21st

Win the complete Calm Your Paw'zzz set from **The Stinky Pet Co.!** Includes one candle, room spray, sanitizer, and pet-safe essential oil blend.

22nd-30th

Win 1 of 12 **FurZoff,** the new and better way to remove pet hair from your home and vehicles. Made in the USA from 90% recycled material, it's 100% durable!

July

1st-7th

Win 1 of 3 dog wellness prize packs from **Vetericyn!** Includes bottles of their FoamCare shampoo, Wound care, Eye care, Ear care, and Hot Spot care solutions.

8th-14th

Win a dog gear prize pack from **Pawfit!** Includes their Pawfit 3s pet location and activity tracker, a six-month Pawfit subscription, a water bottle, leash, and a Pawfit collar!

15th-21st

Win a Simplicity Allergy Upright Vacuum and Pet Hair Beware Fur Remover tool from **Simplicity Vacuums!** The lightweight vacuum and handy pet tool reduce pet fur, dust, and allergens in the home.

22nd-31st

Win 1 of 3 **HandsOn Gloves**—the massage your dog will woof for! These gloves provide a more thorough shedding, bathing, and grooming experience for you and your canine!

August

1st-7th

Win a **Feeder-Robot** for your hungry pooch! Never miss a feeding with the WiFi-enabled, automatic pet feeder for dogs and cats.

8th-14th

Win 1 of 5 prize packs from **WizSmart!** Includes one pack each of WizSmart dog pads and dog diapers/wraps.

15th-21st

Win 1 of 20 packs of **Herders Choice** Goat Horns! Dogs will love the taste of these economical, long-lasting chews that keep your dog's teeth clean and healthy!

22nd-31st

Win 1 of 8 two-year subscriptions to **Modern Cat magazine,** chock full of helpful articles, heartwarming stories, and so many cute cat photos!

No purchase necessary to enter or win. Beginning June 1, 2023 at 12:01 AM (PST) through August 31, 2023 at 11:59 PM (PST), enter each day at *moderndogmagazine.com/giveaways*. Each week's giveaway ends at 11:59 PM (PST). Each week, the specified number of winners for that week's giveaway will win the prize featured in the giveaway calendar (ARV: $200). Odds of winning depend on the number of entries received. Contest is open to legal Canadian and US residents 18 and older as of date of entry. Void in Puerto Rico and where prohibited by law. Giveaway subject to complete official rules available at *moderndogmagazine.com/giveaways*.

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The Best Therapy Dogs Revealed

These 10 breeds make the best therapy dogs, according to experts

A therapy Lab at work

Just as many breeds wouldn't cut it as service dogs, not every pup is meant to be a therapy dog. "Therapy dogs are dogs who go with their owners to volunteer in settings such as schools, hospitals, and nursing homes," says American Kennel Club (AKC) Family Dog Director Mary Burch. "From working with a child who is learning to read to visiting a senior in assisted living, therapy dogs and their owners work together as a team to improve the lives of other people."

Good therapy dogs like people and have the basic training needed to result in a dog that is under control, says Burch. They should also know some therapy-specific skills such as "Leave it" and "Go say hello." Most good therapy dogs are social and biddable.

Here, Burch shares a round-up of breeds that have the personality and trainability to excel at therapy work.

#1 Borzoi:

Because of their intelligence, independence, and keen sense of awareness, you'll see Borzois working as loyal psychiatric assistance dogs, helping veterans suffering from Post-Traumatic Stress Disorder (PTSD). Borzois have a calm, agreeable temperament that lends itself very well to all kinds of therapy work.

#2 Spinone Italiano:

The Spinone Italiano excels at therapy work because of its sociable, docile nature. This breed loves being with people.

#3 Cavalier King Charles Spaniel:

Cavaliers make wonderful therapy dogs due to their sweet, gentle nature. They are friendly, easily trainable companions.

#4 Poodle:

Poodles are practically made for therapy work. They are extremely smart, eager-to-please, and highly trainable. They like to work closely with their owners.

#5 Labrador Retriever:

Labs are famously friendly and outgoing. They're intelligent and willing to please, making them easily trainable. They're sociable dogs that love being with people.

#6 Leonberger:

Typically calm, stable, and sociable, Leonbergers make good therapy dogs. They have a gentle, patient nature.

> “Therapy dogs and their owners work together as a team to improve the lives of other people.”

#7 Bichon Frise:

The Bichon Frise has a wonderful personality. The breed is known for its cheerful, playful, social nature, and is meant to be a companion.

#8 Australian Shepherd:

Aussies are extremely smart, versatile, and trainable. They have a ton of mental drive and physical stamina which can be channeled into many different types of jobs, therapy work being one of them.

#9 Golden Retriever:

The Golden Retriever's intelligence, working ability, and eager-to-please attitude make it excellent at therapy work. Their friendly, outgoing temperament helps them connect very well with people.

#10 Papillon:

The Papillon is a happy, friendly dog. They are less yappy and more easily trained than other toy breeds, making them great for therapy work.

PHOTOS: LEFT: DRAZEN ZIGIC/SHUTTERSTOCK; #1 & #10 A.CHERNYAVSKAYA/BIGSTOCK.COM; #2 QUAYSIDE/BIG STOCK.COM;
#3 & #8 CYNOCLUB/BIGSTOCK.COM; #4 LINAS T/BIGSTOCK.COM; #5 DORA ZETT/SHUTTERSTOCK.COM; #6 ANGELA BUSER/SHUTTERSTOCK.COM; #7 EVE PHOTOGRAPHY/SHUTTERSTOCK.COM; #9 ZELENENKA/BIGSTOCK.COM

THE SUMMER GEAR LOOKBOOK

Staff favourites and current obsessions.

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Sparky's Choice Side-Release Buckle Collars from $27;
auburndirect.com

Hydro Collars
from $23;
hotdogsalldressed.com

Sunset Waves BioThane Collar from $23;
pupupsusa.com

BB ID Collar
from $28;
buddy-belts.com

HARNESSES

Impact Dog Car Harness
$79;
kurgo.com

Harness Easy Slip On. No Pull
from $60;
americandog.co

FRONT Harness Fire Paisley
from $42;
frontharness.com

Aloha Freedom No-Pull Harness from $34;
2houndsdesign.com

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Nose Print Pendant
from $277;
robinslovingtouch.com

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Ultimate Treat Pouch
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voilapets.com

PetShop Dog Eared Mug
$14;
petshop.fringestudio.com

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DOG MOM
Dog Mom Tote Bag
$35;
sassywoof.com

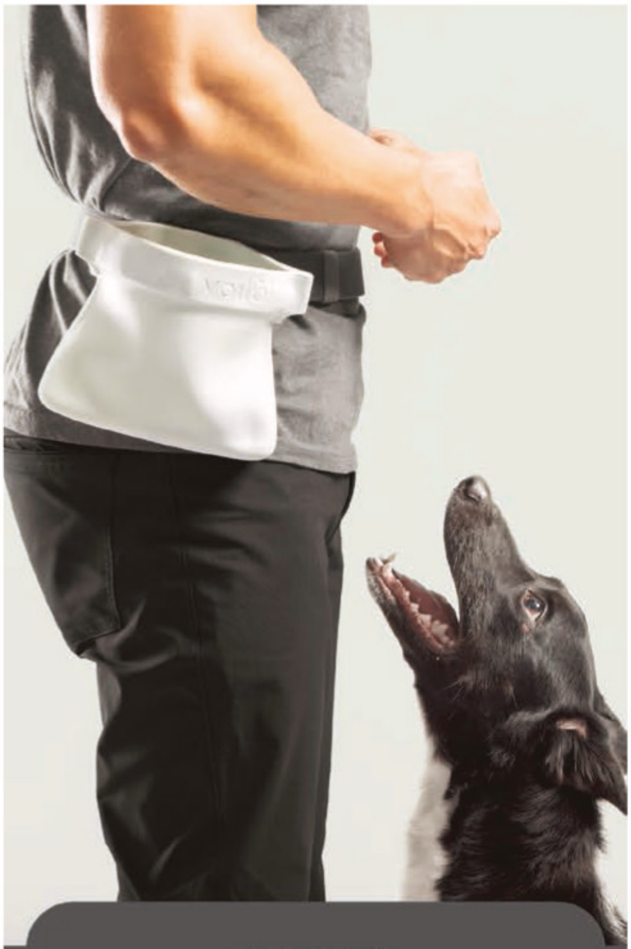
DOGGY HYGIENE

Dog Waste Bag Mud Room Dispenser $25;
doggonwild.com

Honeysuckle Jasmine Dog Shampoo & Conditioner $15;
aromapaws.com

POP-UP PEE PAD
Pop-Up Pee Pad
from $15;
rockyandmaggies.com

Barkus Odour Neutralizer Kit from $34;
barkus.ca



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SC

Travels With Albie

Reflections on a Steinbeck-inspired road trip with an unforgettable dog

By Peter Zheutlin, author of *The Dog Went Over the Mountain: Travels with Albie*

Illustration by Sophie Casson

Five years ago, I persuaded my best friend Albie to take a road trip with me. We left Boston on a cool mid-April day, dipped our toes in the Pacific at Half Moon Bay, California in mid-May, and arrived home on Memorial Day weekend, 9,200 miles later, having touched 30 states during our journey.

Actually, Albie didn't need much persuading, he just hopped in the car, and off we went for Albie, you see, was a Yellow Lab/Golden Retriever mix we'd rescued from a high-kill shelter in Louisiana in 2012. It's not hyperbole to say Albie was the love of my life and since he died on New Year's Eve of 2020 the grief has abated only slightly, and that's okay. I don't want to be over Albie because the grief is a testament to the love we shared for eight brief years. It connects me to him still.

> *It's not hyperbole to say Albie was the love of my life and since he died on New Year's Eve of 2020 the grief has abated only slightly, and that's okay.*

By the vet's reckoning, Albie was about three when he arrived in our home, tentative and shy, sleeping for the first few weeks under the coffee table in the living room, unwilling to venture upstairs even when we retired for the night. Albie would be the first of four rescue dogs, all from Louisiana, we've adopted since 2012, but I was, at first, a reluctant adopter, succumbing only after many years to the pleas of my wife Judy. When I finally relented, I set only one condition: that we would not share our bed with the dog.

A few weeks after he arrived in our home, I was headed to our bedroom and noticed Albie wasn't in his usual spot under the coffee table. I called him, but there was no reply. I went upstairs, turned the corner into the bedroom, and there on the bed looking plaintive but utterly adorable was Albie. He was, I realized, telling us he was home now and that we were his family. One look in his eyes and I knew I would never, ever kick him out of bed.

By the spring of 2018 when we left on our cross-country adventure, I was just a few months away from signing up for Medicare, and Albie, because dogs age faster than humans, had caught up with me. He, too, was in late middle age or, perhaps more accurately, on the cusp of old age. Earlier that year I'd re-read *Travels with Charley,* John Steinbeck's classic about traveling the country with his French poodle Charley. Steinbeck, approaching 60, was feeling his age and fearing he'd lost touch with the country he wrote about with such brilliance. With the sand in my own hourglass running out, I figured it was a good time to find out if America was still a country for old men, Albie and me.

Much has been said about the intense bonds we form with our dogs and much of it is true. They are non-judgmental companions. Our relationships with them are less fraught and far simpler than our human relationships, even with the people we love. And they will travel 9,200 miles with you and never complain about your driving. But there is more to it. I loved Albie intensely and over the course of his lifetime spent countless hours speaking to him and gazing into his eyes, a gaze he faithfully returned. I grew convinced that Albie (and perhaps every other dog) knew some elusive secret about happiness and the meaning of life, but he was unable to tell me. I suspect it had something to do with living in the moment as dogs do.

As 2020—the year the world slipped into a deadly pandemic—wore on, it was hard to imagine things getting much worse, but they did when Albie's health started to fail that autumn. I keep his name tag taped in my wallet and I've told Judy that when the sand in my hourglass does finally run out, I want my ashes and Albie's scattered to the wind together. ■

* *Peter Zheutlin is the author of nine books, including* The Dog Went Over the Mountain: Travels with Albie, *winner of the Lowell Thomas Award (silver) for Best Travel Book, 2019-20.*

TOP INSET PHOTO COURTESY OF PETER ZHEUTLIN

PHOTOS JOHN RAMER

Two Former Research Beagles Get Married

The Kindness Ranch Animal Sanctuary celebrates the wedding of two bonded rescue Beagles saved from animal testing

On a sunny day in Wyoming, The Kindness Ranch celebrated an event they dubbed "Love after Laboratories." The occasion? The wedding of two Beagles, Uno and Cami, saved from animal research.

The event was particularly sweet given where the dogs started. Just last year, the two were housed in an Envigo research breeding facility. The dogs were part of a historic release of 4,000 Beagles after the facility was shut down for egregious violations following years of alarm over the treatment of their dogs. Drone footage capturing the Beagles' plight spurred the closure, and the dogs became the subject of the largest animal welfare seizure in the history of The Humane Society of the United States.

Uno was the first dog released. Both he and another of the Beagles, Cami, were adopted into a loving home—that of The Kindness Ranch Executive Director John Ramer. (Prince Harry and Meghan Markle also took in one of the Beagles. So did the governor of New Jersey.)

Since their first meeting, the two dogs have been inseparable and have fallen deeply in love with each other, reports The Kindness Ranch. Uno has shown Cami how to beg for treats, how fun it is to roll in horse manure, and that you can trust humans again. "These two have become the accidental ambassadors of The Kindness Ranch, so we thought we'd throw them a fun wedding," says Ramer.

Dressed in finery for the occasion, the pair had their paws in the grass and the adoration of the gathered group—things the duo had never experienced just a short time prior.

The bride wore a light pink floral gown and the groom looked sharp in a gray tuxedo. They did not exchange vows, as they were too busy eyeing the treats in everyone's hands. After the ceremony, Uno and Cami celebrated by grabbing the floral bouquet and playing chase with it. They even went on a two-week Honeymoon visiting the Grand Canyon.

For over 15 years, The Kindness Ranch has provided sanctuary and adoption for thousands of animals who have been used in laboratory research. The 1,000-acre sanctuary serves as a soft-landing spot for former research companion animals, as well as a final home for farm animals rescued from research. Rescued companion animals are given a safe space for rehabilitation before they find their forever homes. The Kindness Ranch team works to rehabilitate rescued dogs and cats in a home-like environment. The pets live with caretakers in spacious yurts specially designed to meet their needs, and receive round-the-clock care to help them adjust to their new lives. ■

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BEST STUFF FOR DOG PEOPLE

The Modern Dog team's current faves and obsessions!

Style meets serious comfort. The leather Le Bed dog bed from Le Dog Company pairs a human-grade orthopedic mattress with a cooling gel memory foam top for a dreamy sleep that supports joints, relieves pressure points, and regulates temperature. Best of all, just wipe down to clean! **(from $330, *ledogcompany.com*)**

Cute accessory alert. The Dog Lover canvas coin pouch from Fringe Studio features fringed edges and an adorable, embroidered design. **($14, *petshop.fringestudio.com*)**

We're in love. **Controlling dog hair and dust is a breeze** with the LG CordZero™ All-in-One Tower™! This cordless wonder can be charged, stored, and automatically emptied in the sleek docking station. The filters are removable and washable and the two rechargeable/detachable batteries last up to 120 minutes! **($1,049, *lg.ca*)**

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What are These Dogs Trying To say? Take this

Quick Quiz

Can you speak dog? Test your skill in deciphering canine body language | By Teoti Anderson

Your dog is talking to you. Even when he doesn't bark, woof, or whine, your dog's body is giving you a running commentary on what he's thinking and how he's feeling. Canine professionals who are good at what they do are experts in canine body language. For example, trainers who work aggressive dog cases need to be excellent translators of canine body language to avoid getting bitten and to keep their clients safe.

How good are you at speaking dog? Take our quiz! Before you do, keep this in mind. These snapshots are single moments in time. Behaviour is fluid. Just like you can have a conversation that weaves in and around topics, so can dogs. They can be stressed one second and then relaxed the next. Our quiz answers are based on the photos alone, with no context other than what you see.

PHOTO TOP STEPHEN CH/PIXABAY

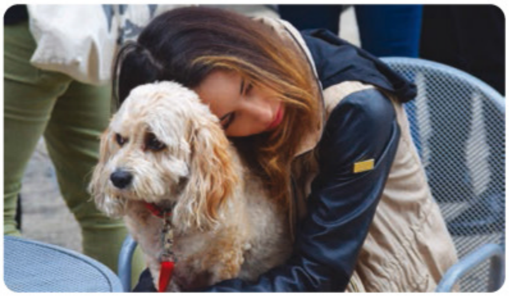
#1 This dog (at left) is:

a) Nervous at the little girl so close

b) Comfortable with the little girl so close

c) Not remotely interested in the little girl so close

Correct answer: B. This Labrador has an open mouth smile, relaxed ears, and a relaxed expression. Her eyes are a bit squinty. Her tail is low and looks mid-wag.



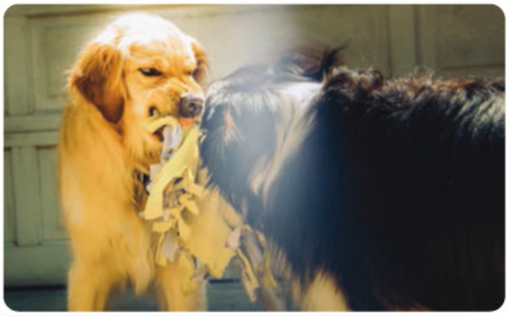
#2 This dog is:

a) Unhappy at being hugged

b) Thrilled to be hugged

c) Indifferent to being hugged

Correct answer: A. This dog's mouth is closed. She has a worried expression and is looking away from the girl hugging her. She is slightly leaning away from the girl. You can see a bit of "whale eye"—when the whites of the eyes show. These are all signs of stress.



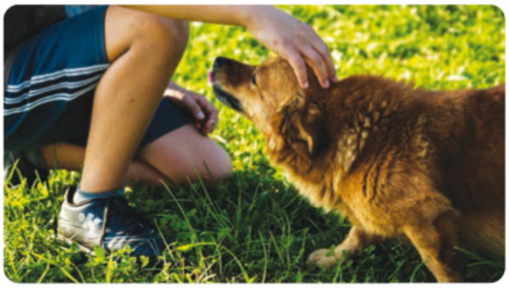
#3 The Golden Retriever:

a) Is all about sharing

b) Is about to drop the item

c) Wants the other dog to leave the item alone

Correct answer: C. The Golden Retriever is snarling at the other dog, without letting go of the toy. He is glaring directly at the other dog. The Golden has possession of this item and wants the other dog to leave it alone. Not all dogs like to share.



#4 This dog:

a) Is avoiding being petted

b) Wants to be petted, but is conflicted about it

c) Is overjoyed to be petted

Correct answer: B. This dog is approaching the person, leaning towards him. He's lowered himself, with ears down and eyes squinty. He is also flicking his tongue, which is a sign of stress. This is a submissive approach.

PHOTO #2 BONES64/PIXABAY; PHOTO #3 NICHOLAS_DEMETRIADES/PIXABAY; PHOTO #4 JARMOLUK/PIXABAY

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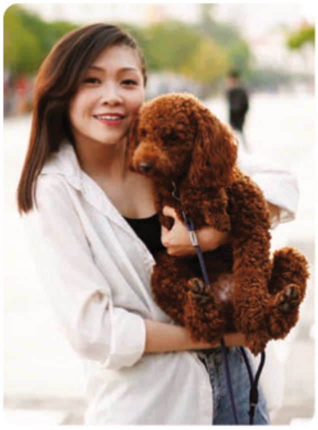


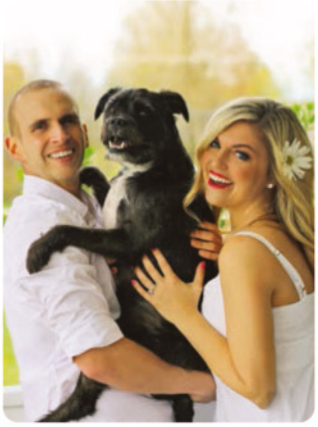
#5 This dog:

a) Is happy to be held

b) Is indifferent to being held

c) Is not happy to be held

Correct answer: C. The woman is smiling, but the dog isn't. The dog has a closed mouth, and her back legs are sticking out straight. People love to pose holding their dogs, but it's important the dogs enjoy the pose, too. This dog may just not like being picked up, or maybe she doesn't feel safe the way the woman is holding her.



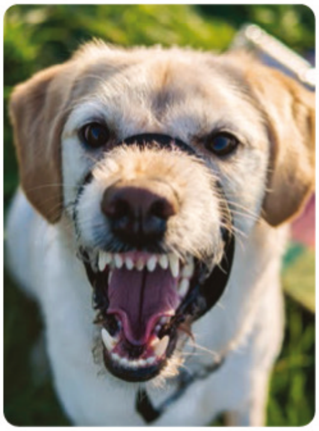
#6 This dog:

a) Is terrified of being held

b) Is ready for the photo to be over

c) Is happy to be held

Correct answer: C. This dog is enjoying being held. He has an open mouth. His ears are relaxed.



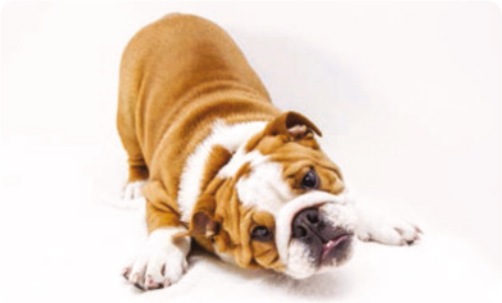
#7 This dog:

a) Wants you to pet him

b) Wants you to give him a treat

c) Wants you to go away

Correct answer: C. This dog is snarling. He has a hard stare, with ears slightly forward. This is not a dog who wants you to pet him; he wants you to get lost. Most aggression is based in fear, so it may be that the dog is afraid of you.



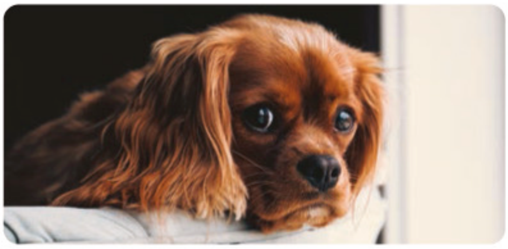
#8 When a dog does this behaviour, it's:

a) A warning he's going to bite

b) An invitation to play

c) A sign he's going to run away

Correct answer: B. When a dog's rear is in the air and his front legs lowered, this is called a "play bow." This dog is trying to engage with you.



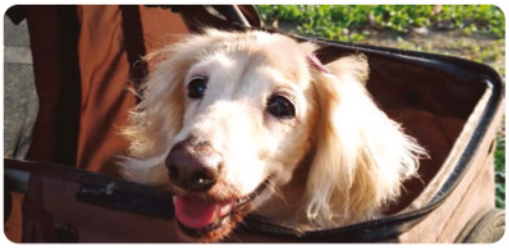
#9 This dog is:

a) Worried

b) Happy

c) Angry

Correct answer: A. This dog has a closed mouth. She has a worried expression, and you can see some whale eye.



#10 This senior dog:

a) Is worried about traveling in a stroller

b) Is happy to be traveling in a stroller

c) Is angry about traveling in a stroller

Correct answer: B. She has a relaxed expression, and open mouth. She is sniffing the air, exploring her environment.

Dogs have a vast array of body signals, some obvious and some with nuance. The more you learn what these signals look like and what they mean, the better you'll be able to understand your canine best friend. ■

PHOTO #5 HUYNHLY024/PIXABAY; PHOTO #6 TERRIC/PIXABAY; PHOTO #7 GEMMARAY23/PIXABAY; PHOTO #8 VLAAITJE/PIXABAY; PHOTO #9 STOCKSNAP/PIXABAY; PHOTO #10 WCW690/PIXABAY

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1

We found the perfect summer fetch toy!

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2

Ice cream for all!

Puppy Cake's ice cream mixes for dogs come in a variety of fun flavours like blueberry, peanut butter, and bacon. Simply add water, mix, and freeze for the perfect summertime treat for hot dogs and cool pups! **(from $10, *puppycake.com*)**

3

A great bed for patios, decks, and puppies!

The Ovie bed from Bowsers checks all the boxes: plush bolsters and orthopedic fiber-topped foam cushioning are paired with durable upholstery-grade fabrics, waterproof bottom fabrics, and removable, washable covers! **(from $140, *bowsers.com*)**

4

No more sandy seats!

Keep the beach out of your car with the easy-to-install Multi-Function Dog Split SUV Cargo Liner from 4Knines. Made from weather-proof material, it has a non-slip backing and is available in three sizes for a perfect fit. **(from $90, *4knines.com*)**

5

A perfect, hydrating summer treat!

The new Brutus Bone Broth Brothcicles can be frozen for a delicious and hydrating turkey-flavoured summer refresher. Made with all-natural ingredients like pumpkin, apple, kale, cranberries, and turmeric, they're healthy AND dogs love them. Fun all around! **($10, *brutusbroth.com*)**

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6

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Effortlessly keep your dog's water fresh and clean with Pioneer Pet's Elevated Vortex Drinking Fountain. The water flows in a vortex to keep hair and debris out of the main bowl while oxygenating the water. The pump automatically shuts off when the water is low. **($75, *pioneerpet.com*)**

7

Hikes, road trips, dog park jaunts

—no matter the destination, make sure your dog doesn't go thirsty with the Dexas Dual Chambered Hydration Bottle. It has two compartments—one for kibble or treats and another for water—and comes with a collapsible bowl. **($20, *dexas.com* or *amazon.com*)**

8

Always have water on hand

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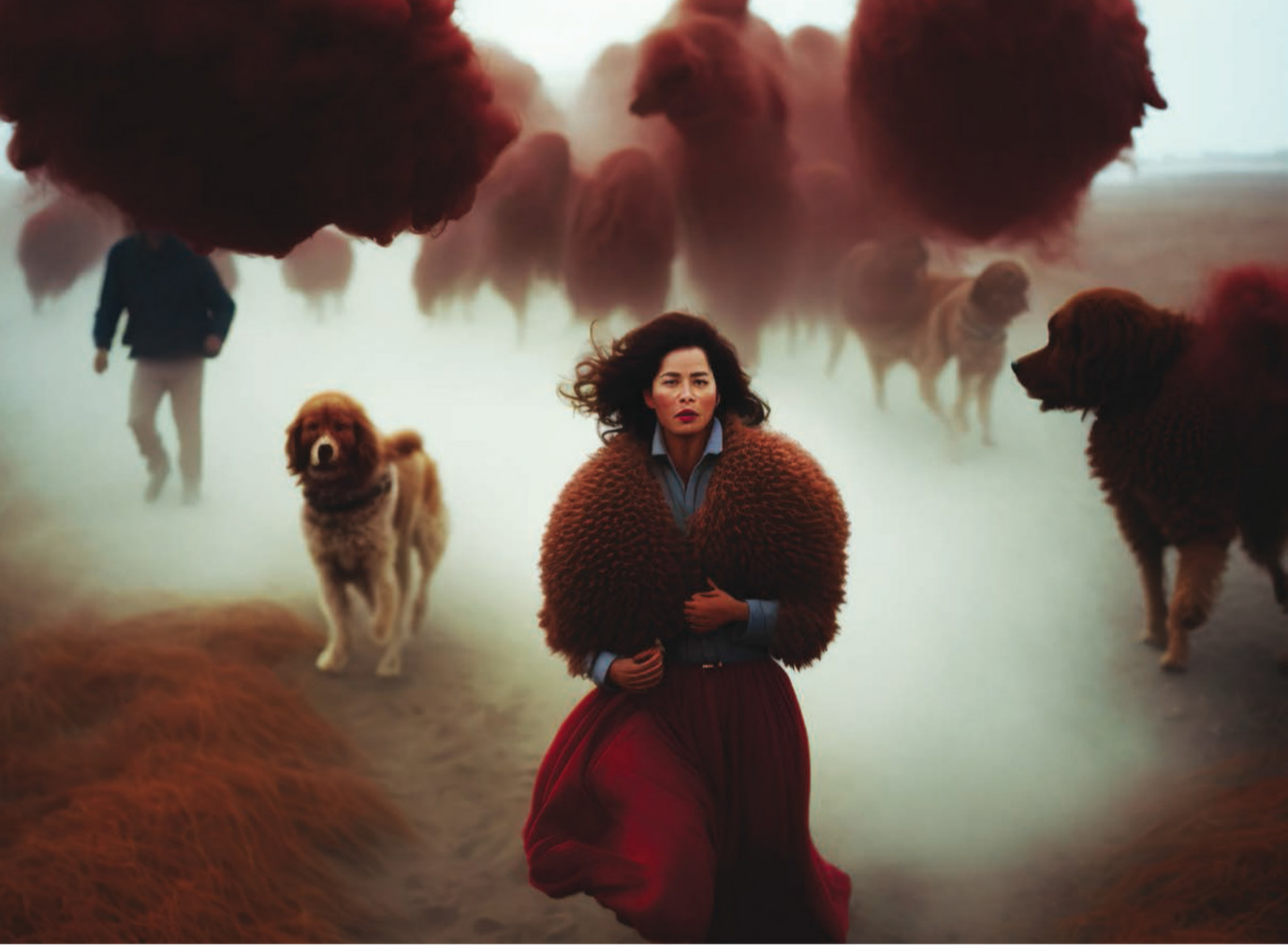


POSTCARDS FROM THE FUTURE

AI artist Ryan Taylor fantastical, dream-world images are captivating a growing fanbase

By Rose Frosek

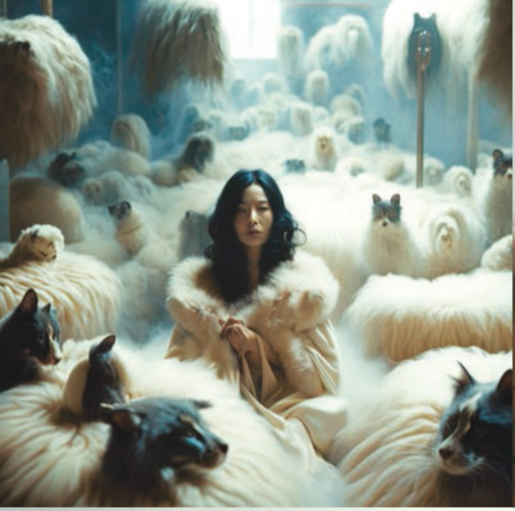
"Is 'surreal-documentary-absurd-whimsical-fantasy' an aesthetic?" jokes Ryan Taylor. Kidding aside, the hyphenate descriptor is quite apt. The Toronto, Canada-based designer's AI-generated art occupies a retro-futurist alternate universe. Impossibly large Dire Wolf-like dogs and immense puffball cats hold court with the high cheek-boned denizens of a beautiful yet vaguely dystopian dream world.

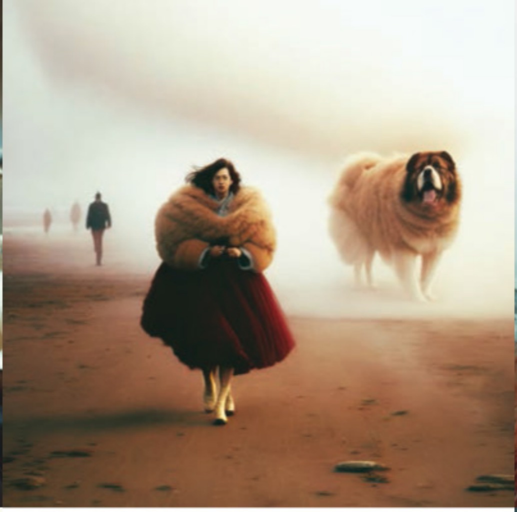
Taylor's foray into Artificial Intelligence-generated artwork happened by chance. He began using AI for work reasons, to generate background scenes—Taylor designs his own line of furniture/lighting/home accessories under the brand Object/Interface—but "spiralled down this rabbit hole" as he puts it.

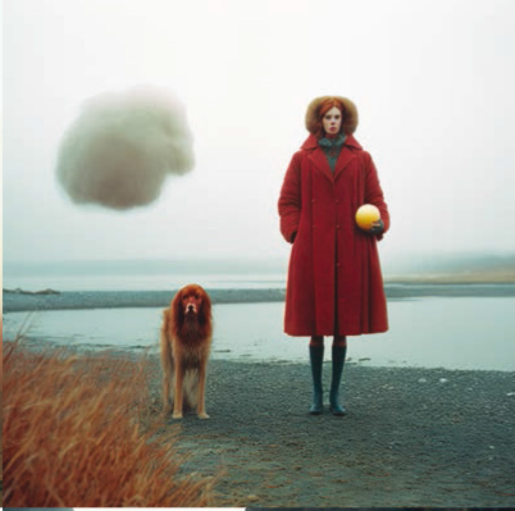
He characterizes the resultant images as "vintage photographs from the future, as described to a microchip." The vignettes—combining visuals, writing, and music into dream-like cinematic stills—are presented under the banner The Brigadoon Dispatch, a creative outlet for his visual storytelling.

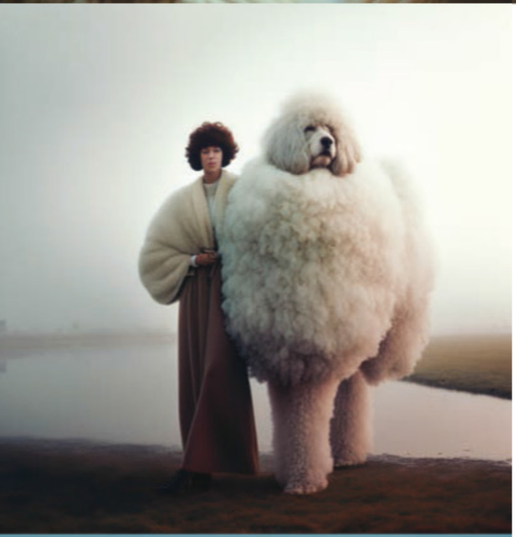
Pets—usually dog or cat-like creatures—are central to a lot of the images. "They tend to create these strange emotional dynamics," says Taylor. "I usually give the animals embellished characteristics or capabilities which also add some mystic, but frankly, it's simply because who doesn't like cats and dogs?!"

ART RYAN TAYLOR

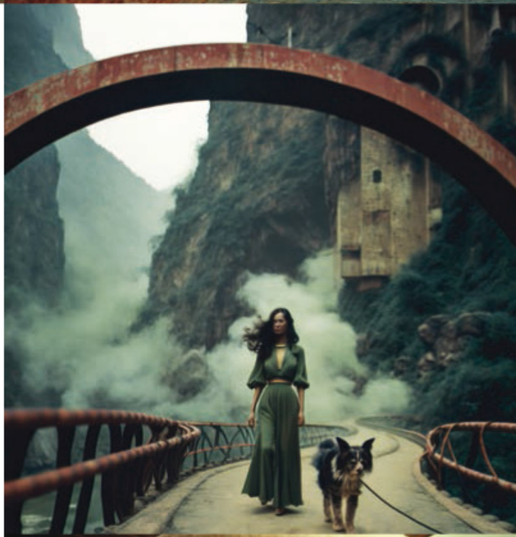


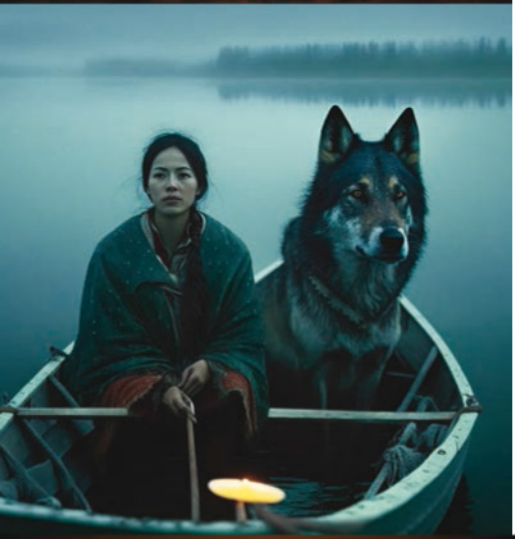


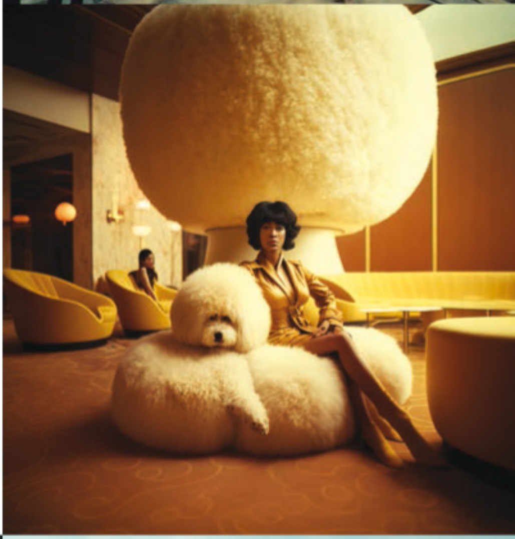


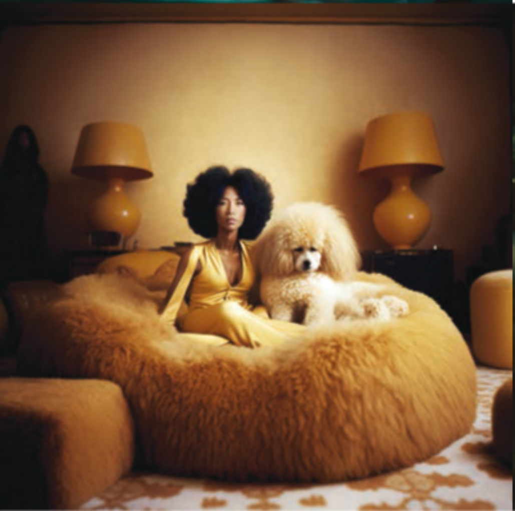


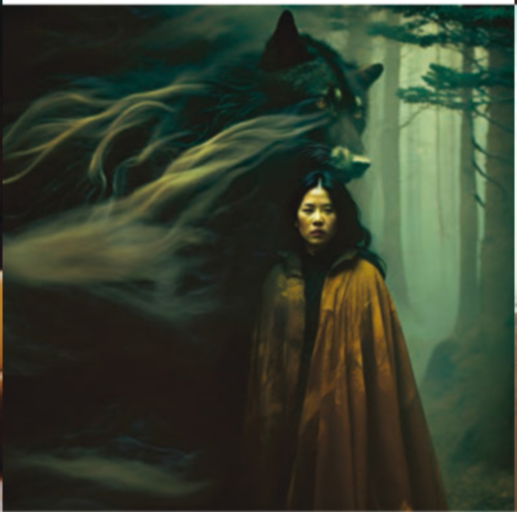
“Created using Midjourney, Taylor’s otherworldly Artificial Intelligence-generated imagery merge a vintage quality with a futuristic aesthetic—and they’ve captured the imagination of a growing number of fans.”

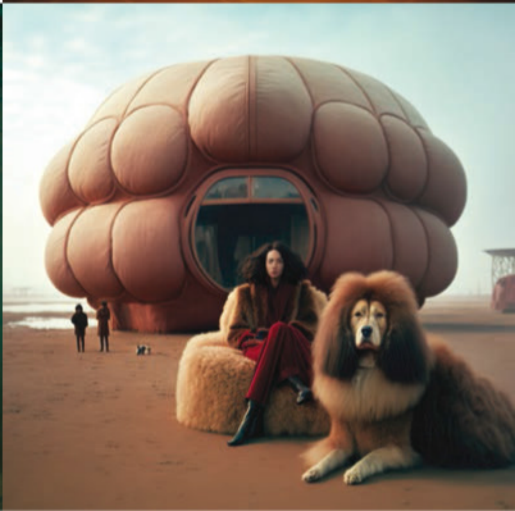


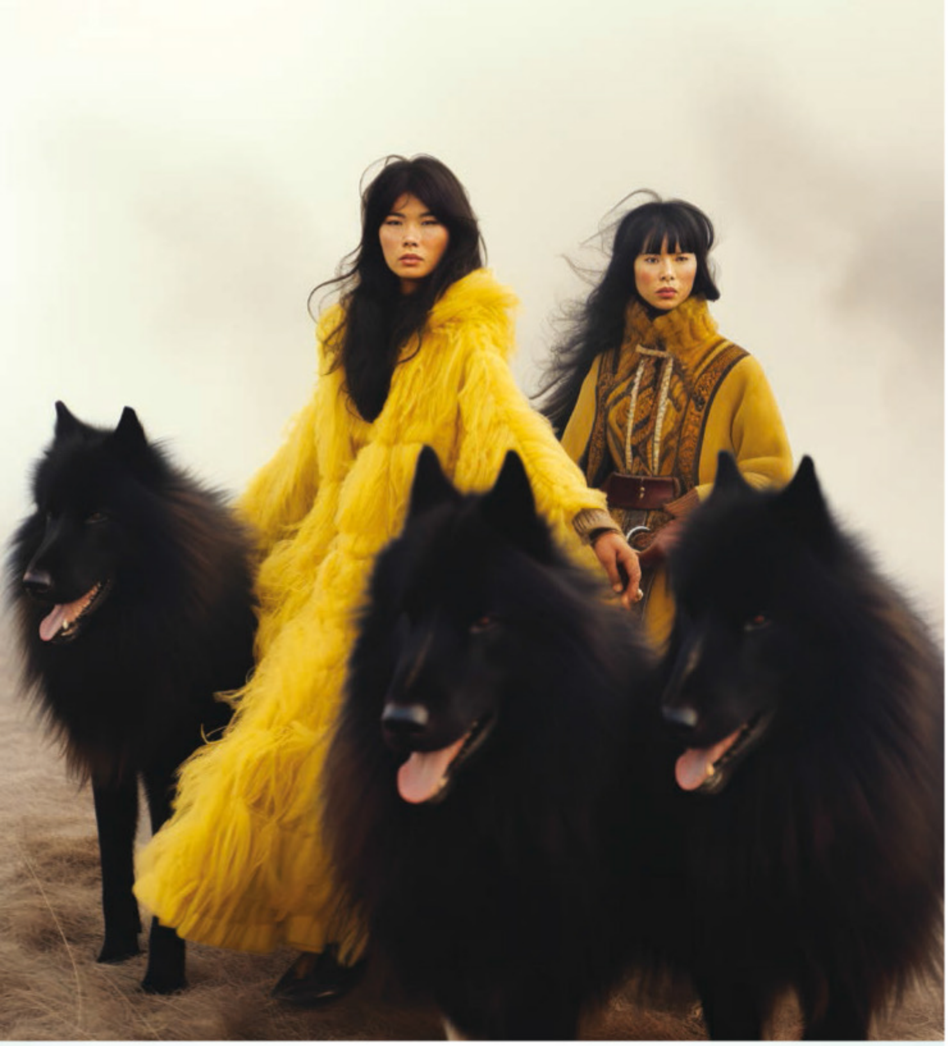


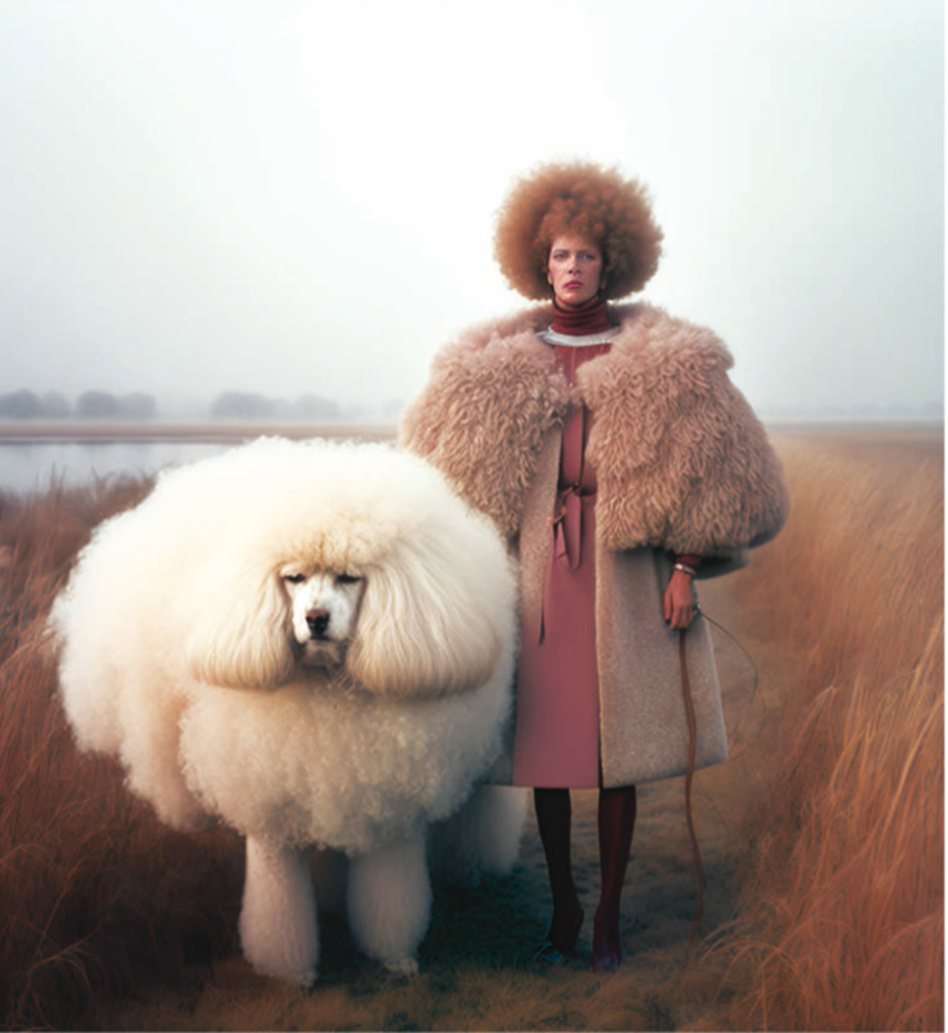












The work is somehow simultaneously nostalgia-inducing and futuristic, conjuring a specific mood that's hard to put one's finger on.

"I want the images to look real like it's something that actually happened, but just subtle and strange enough that it is obviously fictional fantasy," he says.

The old-timey atmosphere is in part owing to Taylor's interest in grainy documentary photography. "I spent a lot of time in the darkroom before digital cameras became mainstream, long before smartphones were invented, let alone AI," he owns. "I presume some of that shows through in the work...it makes the atmosphere a bit more magical."

His process is rooted in writing. Prompts are written descriptions, precisely written with a mix of artfulness and technical commands. "It's essentially a précis writing exercise—the input needs to be evocative yet concise to conjure the right results," Taylor says. "It's a mix of high-level control and whimsical luck for what you may get. Some prompts are more controlled than others, producing images that I expect, but a lot of the time I get completely new things that I hadn't imagined."

Though he started doing this for personal enjoyment, the project has quickly taken on a life of its own. His Instagram account *@The_Brigadoon_Dispatch* has already amassed over 75,000 followers.

"Each one seems to touch people in different ways," he says. "I'm not entirely sure what it is, but I think it's the cinematic nature of the images combined with a nostalgia for some bygone era that never existed that draws people into them for a tiny moment of escape." ■

ART RYAN TAYLOR

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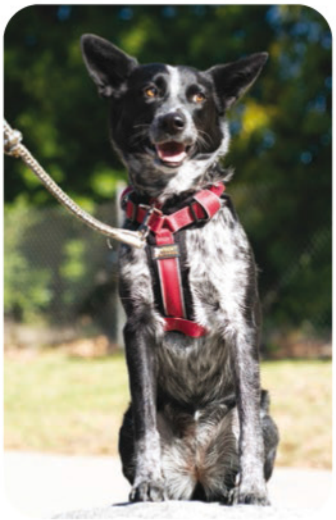

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Do Hip & Joint Supplements Really Work?

Here's how supplementation can make a difference, and what to look for

The following are tried and true joint helpers that work to lower inflammation, lubricate joints, and build cartilage. Note that joint supplements work best to protect joints. Don't wait to start until your dog has end-stage bone-on-bone osteoarthritis in every joint—get started now to reap the benefits. Start as early as possible in large-breed dogs or dogs predisposed to the development of osteoarthritis, says Dr. Matt Brunke, DVM, CCRP, CVPP, CVA. He notes that joint supplements can be given to puppies as young as eight weeks of age that are predisposed to the development of osteoarthritis.

Oral Joint Supplement Guide

Fish oil, a rich source of Omega-3 fatty acids, helps to reduce inflammation and improve joint mobility. Omega-3s are known to support heart health and joints, improve kidney function, and boost the immune system. When it comes to Omega-3s, DHA and EPA from wild-caught cold-water fish is best. Farm-raised fish have low levels of Omega-3s and high levels of Omega-6s, Dr. Brunke says.

One study found that some dogs receiving carprofen—*a non-steroidal anti-inflammatory drug (NSAID) used to treat pain and inflammation in dogs*—for osteoarthritis pain needed less carprofen when they were also fed a diet supplemented with Omega-3 fatty acids derived from fish oil.

Flaxseed is another source of Omega-3 fatty acids. It also contains fiber and antioxidants, reducing inflammation while supporting digestion, skin, and coat; however, flax seed alone does not provide sufficient amounts of DHA and EPA to fight osteoarthritis in dogs.

Glucosamine is a natural compound found in joint cartilage that helps cushion and lubricate joints. This cartilage building block stimulates the growth of cartilage cells. Supplements containing glucosamine can help reduce inflammation and joint pain, improve mobility, and slow joint deterioration. A randomized, double-blind trial studied 35 dogs with confirmed osteoarthritis of the hip or elbow for their response to orally administered glucosamine hydrochloride and chondroitin sulfate. Although the onset of efficacy was slower, dogs treated with glucosamine-chondroitin rather than the NSAID Carprofen showed statistically significant improvements in pain scores and weightbearing by day 70.

Chondroitin sulfate. This supplement works by inhibiting cartilage-destroying enzymes. When given glucosamine, chondroitin has a synergistic effect and has been shown to lessen inflammation if given before a joint injury in dogs, says Dr. Brunke.

PHOTO NIGEL KIRBY PHOTOGRAPHY/SHUTTERSTOCK

OVER THE TOP

{EDITOR'S PICK}

For joint and connective tissue support, we like Molecular Biolife's Over The Top Joint supplement. This super-powered, highly digestible formula is made with four different collagens, organic sprouted seeds for a prebiotic and probiotic boost, fruit and vegetable powders, and kefir to improve joint mobility. **($17, *mbipet.com*)**

Curcumin. Turmeric's main active component, curcumin, is what gives the spice its trademark yellow colour. This frequently studied phytonutrient also has anti-inflammatory properties. One study has shown curcumin may support healthy joint mobility and comfort.

CBD, a non-psychoactive hemp derivative, has been found to help with pain management in dogs. A study undertaken by Cornell University College of Veterinary Medicine found that more than 80 percent of dogs with osteoarthritis experienced a significant decrease in pain when given CBD for a month.

Green-lipped mussels. A 2013 study found increased concentrations of plasma Omega-3 fatty acids and improvement of peak vertical force in dogs fed a diet enriched with green-lipped mussels.

Boswellia serrata. This tree extract is said to have an NSAID-like effect. A 2004 study showed a statistically significant reduction of severity and resolution of the signs of osteoarthritis in dogs, such as periodic lameness, local pain, and stiffness, after six weeks of treatment with Boswellia serrata.

Pro Tips

- The Omega-3s in most maintenance diets are not high enough to treat disease states. You will need to administer an Omega-3 supplement on top of a maintenance diet formulated with Omega-3s to attain therapeutic levels.
- Glucosamine hydrochloride and chondroitin sulfate work, but the onset of action is slow. Your dog may need an NSAID for a month or two until it takes effect.
- Many dog treats contain glucosamine and chondroitin but look at the label—in order to reach therapeutic levels, your dog will almost certainly require additional supplementation of glucosamine or chondroitin.
- Always check with your vet before adding anything to your dog's diet.

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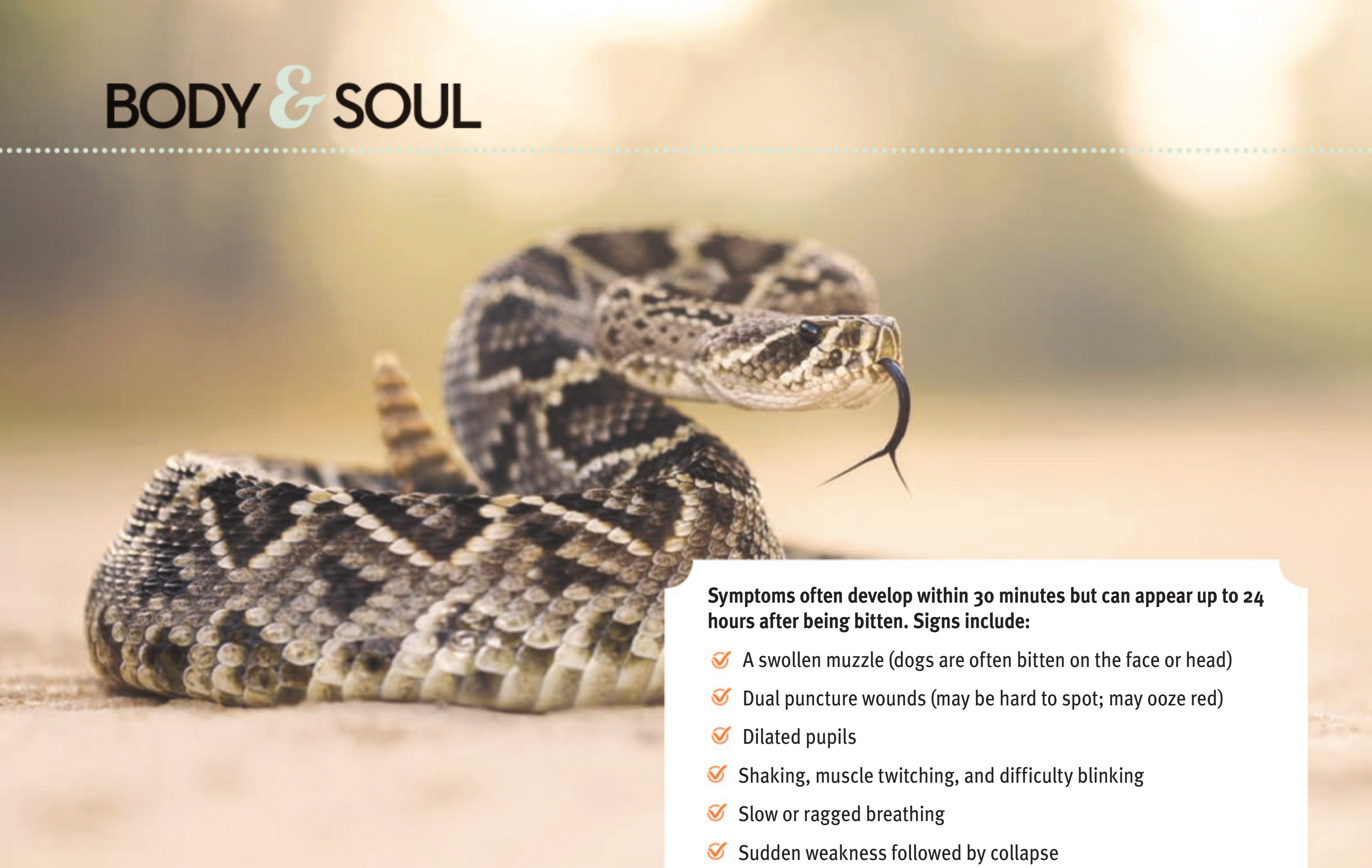

PHOTO KRISTIAN BELL/SHUTTERSTOCK

HOW TO TREAT A DOG SNAKE BITE

How to ID a snake bite and what to do if your dog was bitten

If you live in a region known to have poisonous snakes, it's important to know what to do if your dog is bitten by a snake.

Pit vipers, a group of venomous snakes that includes rattlesnakes, copperheads, and cottonmouths/water moccasins, are responsible for almost all venomous snakebites in the US and Canada. Identifiable characteristics of these snakes include retractable fangs, heat-sensing "pits" below the eyes, and elliptical-shaped pupils. (Thanks for the nightmares.) Rattlesnakes are responsible for most snakebite fatalities in North America.

HOW TO KNOW IF YOUR DOG WAS BITTEN BY A SNAKE

Bite locations tend to differ between dogs and cats. In cats, snakebites are more common on the front limbs, as cats are more likely to bat at snakes with their front paws. Dogs, in contrast, are more likely to sniff the snake and thus are often bitten on the face or head. A swollen muzzle is frequently a telltale sign.

Symptoms often develop within 30 minutes but can appear up to 24 hours after being bitten. Signs include:

- ✓ A swollen muzzle (dogs are often bitten on the face or head)
- ✓ Dual puncture wounds (may be hard to spot; may ooze red)
- ✓ Dilated pupils
- ✓ Shaking, muscle twitching, and difficulty blinking
- ✓ Slow or ragged breathing
- ✓ Sudden weakness followed by collapse
- ✓ Whimpering
- ✓ Vomiting
- ✓ Loss of bladder and bowel control
- ✓ Local discolouration
- ✓ Neurological symptoms such as the inability to 'smile', open the mouth properly or protrude the tongue

TREATMENT

It is important to not be complacent – dogs can be asymptomatic up to 24 hours after a bite, and even trivial-looking bites can result in lethal envenomation, notes Australia's Animal Emergency Services. If you think a venomous snake bit your dog, seek immediate veterinary assistance. Call your vet to tell them you are enroute. Try to keep your dog quiet and limit activity. Attempt to keep the bite site below heart level if possible. Do not attempt to treat your pet with tourniquets, suction, hot or cold packs, incisions, or anything else—these approaches are ineffective. Urgent, intensive veterinary treatment is necessary to limit the long-term effects of the venom. Once at the vet, treatment recommendations may include administration of antivenin and supportive care, such as IV fluids and pain management.

ANTIVENIN
CROTALIDAE POLYVALENT
EQUINE ORIGIN
RATTLER ANTIVENIN

If you live in a region where venomous snakes are common, check to see if your vet carries lifesaving Rattler Antivenin from MG Biologics ***(mgbiologics.com)***. It neutralizes venom from rattlesnakes, copperheads, and cottonmouths/water moccasins. Pre-mixed and ready-to-use, it counteracts the snake venom, decreases swelling, minimizes pain, and decreases temperature. Ask your vet to stock this in case of emergencies.

CBD AND YOUR DOG

8 CBD Questions Answered

PHOTO SOLOVYOVA/ISTOCK

Curious about whether CBD is right for your dog? What exactly is CBD, anyways? We address the most common CBD questions, including dosage and what canine conditions CBD can treat.

1 What is CBD, anyway?

CBD is short for cannabidiol. CBD is a naturally occurring compound derived from the hemp plant. It does not cause a high and is not addictive.

2 Is CBD safe for dogs?

"The number of cannabis studies in dogs, cats, and horses is growing exponentially," says Dr. Katherine Kramer, an integrative veterinarian at VCA-Canada Vancouver Animal Wellness. "While there is still so much to discover about this amazing plant, studies to date suggest that CBD is safe and well tolerated by dogs."

3 Can CBD get your dog high?

CBD is non-psychoactive, meaning it won't get you or your dog high. That is because CBD produced under legal guidelines in the United States and Canada contains no more than 0.3% THC. (THC is the chemical compound in marijuana responsible for intoxication. By contrast, marijuana commonly contains 20% THC.)

4 How does CBD work?

CBD works by altering the functioning of your body's own Endocannabinoid System. Cannabinoids "naturally interact with the body's endocannabinoid system, which is responsible for maintaining homeostasis or balance," explains Dr. Kramer. This interaction has an impact on things like pain, stress, anxiety, hunger, and more.

5 What are the most common issues CBD can be used to treat?

CBD has been shown to benefit numerous conditions, including chronic pain, osteoarthritis, inflammation, skin disorders, anxiety, seizures, and more. "In my practice, I recommend it primarily for pain/inflammation, anxiety and cognitive decline, seizure disorders, and cancer," says Dr. Kramer, who notes that results vary depending on the individual. "Some patients have had amazing responses while others have had little to no benefit. Overall, most dogs with arthritis appear to have great responses." ▶

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CBD CHEWS

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pet CBD tincture
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CBD DROPS

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6 How much CBD does my dog need?

CBD remains an experimental drug and specific dosing guidelines have not been established, notes Dr. Kramer. “At this point, dosing depends on the patient, the condition being treated, the specific CBD product, and the pet's other medications,” she says. “It’s important, to discuss giving CBD to your pet with your veterinarian to determine a starting dose, the best product to use, and to make sure there won't be any interactions with any other medications or supplements.

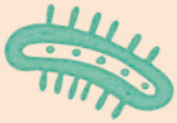
7 Can CBD benefit dogs with cancer?

“Many studies are underway looking at how CBD may have a synergistic effect with many chemotherapy drugs,” says Dr. Kramer. It would be amazing to have more options to treat cancer in dogs!”

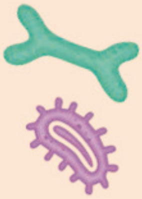
8 Can CBD interact with other medications?

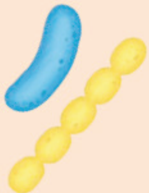
CBD can affect how some medications are metabolized, possibly changing performance and how much is absorbed. It’s paramount to talk with your vet before giving your dog CBD.

Bottom line?
CBD appears to be safe and well tolerated by dogs and shows definitive promise in treating a variety of issues, most notably arthritis/chronic pain. If you decide to try CBD, make sure you are getting it from a reputable source. And talk with your vet to make sure that it won't affect any other medicines your dog takes. ■



MICROBIOME MAGIC





Healthy guts, happy dog

A healthy microbiome is crucial to good guts and more. But what is the microbiome anyway, and how does it affect your dog’s health?

The microbiome is the diverse collection of microscopic organisms that share our bodies. A plethora of studies show that the composition of the gut microbiome has a profound effect on overall health—and not just GI health. The microbiome influences disease states and even mood! Improving gut health has been shown to help with anxiety and depression.

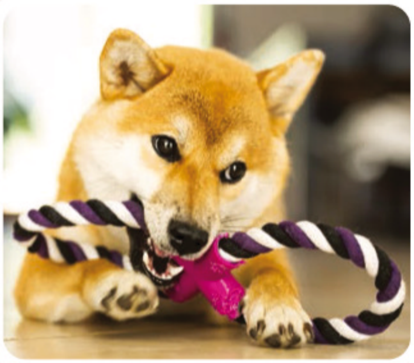
So, what affects the microbiome? Diet is huge. Things like stress, antibiotics, and second-hand smoke can negatively impact your dog’s microbiome as well.

Keeping the Microbiome Happy

Diet has a major impact on gut bacteria. Prebiotics are specialized plant fiber that act as food for the pre-existing good bacteria, stimulating growth. Metabolizing prebiotics like fiber generates substances that keep the microbes and the cells of the intestinal tract in our dogs’ guts happy. Research shows that high-fiber diets have been associated with greater diversity and number of gut bacteria in people. Ask your veterinarian if your dog would benefit from dietary fiber supplementation, suggests the Morris Animal Foundation, a non-profit at the forefront of microbiome research.

Decreasing a dog’s exposure to second-hand smoke, as well as providing adequate exercise and rest might be important factors in not only keeping dogs healthy but keeping their microscopic friends happy, too.

Other researchers are looking at using oral probiotic cocktails to influence gut microorganisms, and still, others are looking at how diet alterations might change the microbiome. Exciting stuff!



Dog Life Hack: Toy Swap!

Dogs are like toddlers—they actually possess the intelligence of a two-year-old child, says psychologist and dog expert Dr. Stanley Coren. And, like toddlers, dogs are both rough on and quickly bored by their toys. Keep things fresh—and safe—by doing a quick inspection, tossing anything that poses a threat. Partially destroyed toys can become a choking hazard, and toy stuffing and lining can cause an intestinal blockage if swallowed. Once that's done, swap out the toys your dog has been playing with for new ones. By keeping your dog's toys in a weekly rotation, as opposed to all available at once, you'll keep things interesting and their engagement level high!

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Knowing your veterinarian stocks Rattler Antivenin (RAV) is the best strategy when addressing pet envenomation. Rattler Antivenin is for dogs, horses, and cats! It's an **all-in-one-Antivenin that treats envenomation** from all Crotalidae (copperheads, rattlesnakes, and cottonmouths/water moccasins). RAV is made in the USA, pre-mixed, and ready-to-use! ***mgbiologics.com***

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5 GAMES to play with your puppy

By Teoti Anderson

#1 Know Your Name

Goal:
Teach your puppy his name for attention purposes. You want him to look at you and come running when you call his name. This is a foundation exercise for all family manners.

Step 1:

Stand close to your puppy. When he is NOT looking at you, call your puppy's name one time. If he looks at you, mark "Yes" (or click with a clicker) and give your puppy a treat. If he does not look at you, touch his nose with the treat and draw it up to your eye. When your eyes meet, say "yes" and give him the treat.

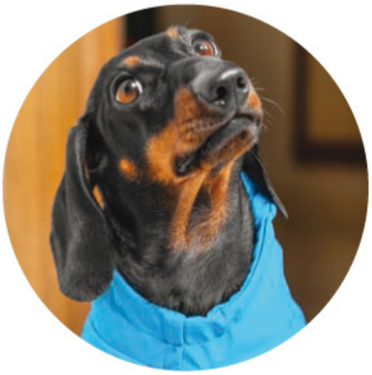
Step 2:

Gradually stand farther from your puppy so he must come to you to get the treat. Work to across the room, then across the house.

Step 3:

Practice outdoors on a short leash, then a long one.

Tip: Try not to call him more than once at a time, or he won't learn to listen to you the first time.



#2 Brain Games

Goal:
To stimulate your puppy mentally and help with brain development.

Step 1:

You can purchase a variety of toys for this purpose or create your own. Get a muffin tin and 12 tennis balls. Hide treats in the muffin cups, then place the tennis balls over the treats.

Step 2:

Encourage your dog to remove the tennis balls to get the treats.

Tip: Some dogs learn quickly, and some take longer. Be patient and cheer your puppy on for trying!

#3 Sharing Is Caring

Goal:
Teach your puppy to share with you. This is also great for channeling puppy teeth onto a toy for snuggle time.

Step 1:

Get a long chew bone, so you can be holding one end with plenty of room for your puppy to chew the other end.

Step 2:

Encourage your puppy to chew on one end of the bone. Your puppy can be in your lap, next to you on the couch (if permitted) or anywhere that's comfortable for you both. Praise her for chewing the bone.

Tip: Try to choose a time when your puppy is not overly active. If she wants to run around, then she will probably not be in a mood to enjoy this game.

PHOTOS FROM LEFT ANURAK PONGPATIMET/SHUTTERSTOCK; MASARIK/BIGSTOCK; NYNKEVANHOLTEN/BIGSTOCK

#4 Chew on Toys and Not My Stuff

Goal:

Teach your puppy to make better choices with his teeth! Have a variety of hard plastic or rubber chew toys, plus food-stuffed toys. Avoid stuffed animals as they just teach your puppy to chew on soft things, like your clothing, pillows, etc. Do not use household items, such as water bottles or socks, for toys.

Step 1:

Introduce your puppy to the toy. Show great interest in the toy to stimulate interest.

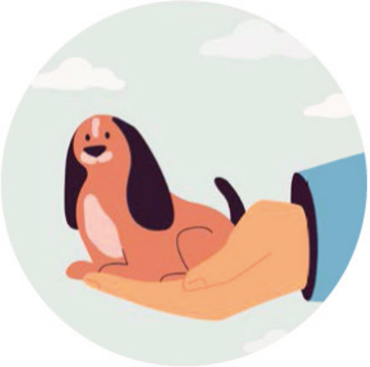
Step 2:

Every time your puppy picks up the toy, praise!

Step 3:

Rotate the toys daily to make them seem new. Do not leave a basket of toys out or your puppy will still grow bored with them.

Tip: Make sure your pup has toy options everywhere they are allowed to be, so they have a chance to make good choices.



#5 Handling All Over

Goal:

Teach your puppy to enjoy being handled all over his body. This is a critical skill to help you take care of your puppy, as well as helpful to your veterinarian and groomer. For example, if your puppy needs eye drops or ear medicine, you want him to cooperate and enjoy his care, not avoid you or get aggressive.

Step 1:

Have tasty treats set aside, within arm's reach. Gently and briefly touch your puppy's paw, mark "Yes," let go and immediately give your puppy a treat. Repeat with the rest of his paws.

Step 2:

Repeat the exercise with his ears, tail, neck, and teeth.

Step 3:

Pick your puppy up, "Yes," put him down and give him a treat.

Step 4:

Gradually increase the duration of your handling, such as really examining a paw or looking carefully in his ears. Only go as fast as your puppy is enjoying the game.

Tip: If your puppy mouths you, turns his head to see what you're doing, or licks you rapidly, he's telling you he doesn't like that body part touched. Make your next touch repetition briefer, even with just one finger, if necessary, until he relaxes.

Leading Experts Recommend Early Puppy Socialization

"There is no medical reason to delay puppy and kitten classes or social exposure until the vaccination series is completed as long as exposure to sick animals is prohibited, basic hygiene is practiced, and diets are high quality," says The American Animal Hospital Association (AAHA). "The risks attendant with missing social exposure far exceed any disease risk."

The American Veterinary Society of Animal Behavior (ASVAB) echoes this, stating, "... it should be the standard of care for puppies to receive such socialization before they are fully vaccinated."

PHOTOS FROM LEFT REDDOGS/BIGSTOCK; SURFSUP VECTOR/BIGSTOCK; RITA KOCHMARJOVA/SHUTTERSTOCK

CRATE CRYING:

What to do if your puppy cries in their crate

By Teoti Anderson

Does your puppy cry in her crate? Here are 10 tips to help your puppy learn the crate is a safe and happy place.

1 Feed all your puppy's meals in the crate, with the door shut. Mealtime is typically happy time, so you'll be associating meals with the crate.

2 Give food-stuffed toys in the crate to occupy and delight your pup during confinement.

3 Teach your puppy to go in and out of her crate on cue. Crate training games build positive associations.

4 Don't let your pup out of the crate if she is whining or crying, or you will reward this behaviour. Wait until she is quiet, even if just for a moment.

5 Don't only crate your pup when you leave the house, or you'll associate the crate with your absence.

6 If possible, put the crate in your bedroom.

7 Always leave several safe toys in the crate to give your puppy something to do. Rotate them every day so she won't get bored with them.

8 Make sure the crate is the right size. Your pup should be able to easily stretch out, toe to toe.

9 When your pup is alone in her crate, put on the TV or music.

10 If your puppy still doesn't love her crate, call a professional to help you.

* **How long can puppies stay in their crate?** In general, young puppies 8-11 weeks will need an elimination break every two hours. From 12-14 weeks, they can "hold it" for 2.5 hours; 15-16 weeks, 3 hours.

PHOTO TOP AMBER AQUART/SHUTTERSTOCK; PHOTO BOTTOM JUS_OL/SHUTTERSTOCK

5 REASONS TO USE A CRATE:

1. Helps with housetraining. Most puppies do not want to eliminate in confinement.
2. Keeps your household safe from chewing.
3. Keeps your puppy safe from chewing something dangerous.
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HOUSETRAINING:

What to do if your puppy has an "accident"

By Teoti Anderson

Housetraining your puppy can be a full-time job. With diligence, you can have success. There are basically three scenarios for elimination:

1 You see your puppy eliminating in the right spot.

Congrats! Wait for your puppy to completely finish (you don't want to interrupt him), then praise him like crazy. Immediately give him a treat. In order to pair the treat with elimination, it has to be given right at the spot, immediately. If, for example, you bring him inside and then give him a treat, you've just rewarded him for coming inside.

Chance of housetraining success: Excellent

2 You see your puppy eliminating in the wrong spot.

Yikes! Interrupt him with a "No!" or "Eh Eh!" and rush him outside to the proper spot. If he finishes outside, he gets praise and a treat. Don't reprimand him again when you come back inside—it won't help. And never use your hands to punish your puppy. This will not housetrain him, but it will teach him to avoid your hands.

Chance of housetraining success: Excellent, especially when paired with #1.

> "If you only want your puppy to eliminate on grass, don't also have pee pads in the house. This is a confusing, mixed message."

3 You walk into a room and see pee or poop, but did not see your puppy eliminate.

Oops! That one's on you. You cannot let your puppy out of your sight until he is fully trained. Rewards and reprimands must be given immediately in order for your puppy to associate them with an action. If you do not witness your puppy eliminating, you're already too late. Clean up the mess and watch your puppy more closely. Confine him (such as in a crate) when you can't supervise him properly.

Chance of housetraining success: Poor. This puppy has too much freedom, too soon. He needs closer supervision to help him understand where to eliminate.

KEEP YOUR HANDS TO YOURSELF

Have you ever heard that in order to show your puppy you're the "alpha," you should pet him while he eats? Or stick your fingers in his food while he eats? Or randomly take his food away and then give it back to him, to prove you're in charge? Baloney. Doing these things can actually cause and *increase* aggression. When your dog is eating, keep your hands to yourself and let him eat in peace.

PHOTOS TOP: TWINKLE STUDIO/SHUTTERSTOCK; BOTTOM: ANDREY SAYFUTDINOV/BIGSTOCK

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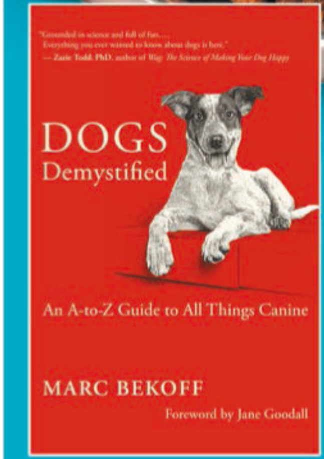

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MARC BEKOFF

Foreword by Jane Goodall

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A Hachiko team member holds a puppy found living amongst the rubble in the eastern town of Svyatohirsk, located in the Donetsk region of Ukraine.

Saving the Dogs of Ukraine

Former World Central Kitchen CEO is on a mission to feed Ukraine's displaced pets

By Alan De Herrera

One by one they formed a single-file line as each dog patiently waited their turn to eat from a recently constructed PVC feeding tube. Secured to a street sign with yellow and blue tape, the makeshift feeding station provided a steady stream of life-saving kibble for these hungry dogs left homeless by the war in Ukraine.

"I've never seen anything like it," Nate Mook told me over the phone from Kramatorsk, Ukraine. "They just lined up to eat. It was so symbolic."

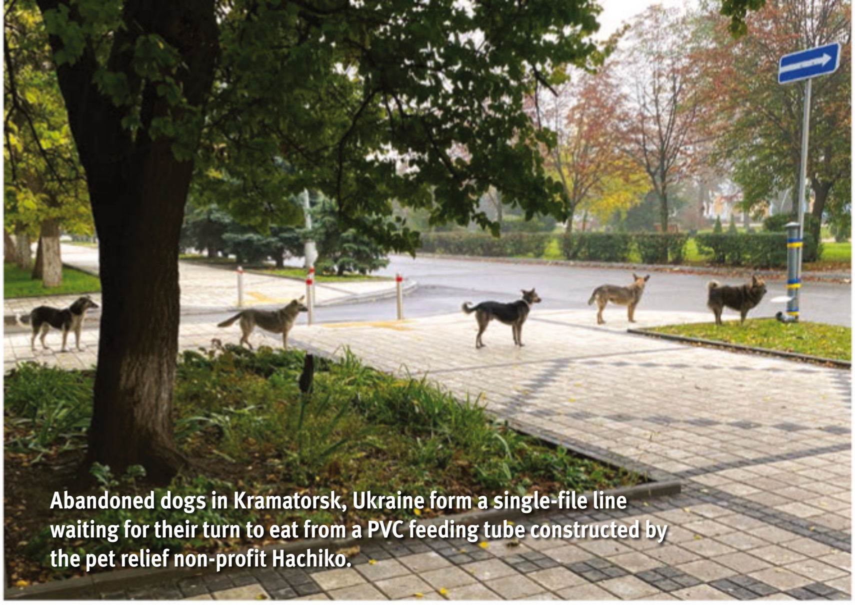
Mook and members of the Ukrainian pet relief NGO Hachiko—named for the famously loyal Akita from Japan—are on a mission to help alleviate the hunger and suffering of abandoned pets in Ukraine.

Mook spent five years as CEO of José Andrés World Central Kitchen (WCK), leading its effort to feed people in disaster zones around the world. One of those places was Ukraine—"a huge mission for the team," he says, "and our first time navigating the complexities of working in a war zone while delivering millions of meals to those in need."

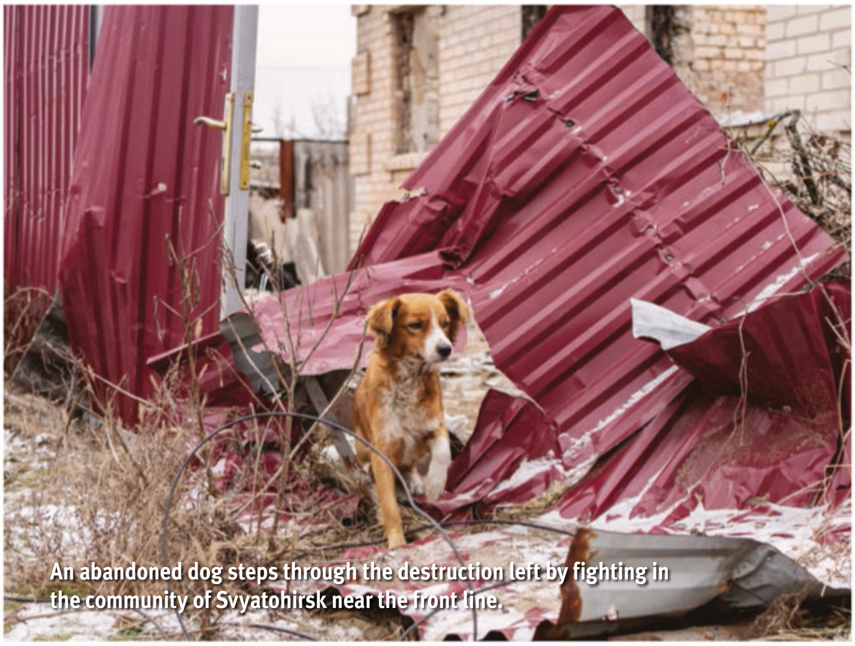
Last August, Mook stepped down from that role, but his work in Ukraine has continued. He is now using his knowledge and experience with WCK to tackle another lifesaving endeavor: feeding pets that have been left homeless by the Russian invasion.

The ongoing war has uprooted the lives of millions of Ukrainians and caused immeasurable pain and destruction.

PHOTO NATE MOOK/HACHIKO



Abandoned dogs in Kramatorsk, Ukraine form a single-file line waiting for their turn to eat from a PVC feeding tube constructed by the pet relief non-profit Hachiko.



An abandoned dog steps through the destruction left by fighting in the community of Svyatohirsk near the front line.

PHOTOS NATE MOOK/HACHIKO

But it has also had a devastating effect on pets. “These are not wild, feral animals.” says Mook. “These were people's pets, and they are starving.”

At the start of the invasion, the world watched a population in motion as millions of Ukrainians fled west to escape the onslaught of Russia’s brutal offensive. Train stations and border crossings were massed with thousands of distraught evacuees, many of them clutching their beloved pets. But many were forced to separate or leave them behind. Evacuating in the middle of a war is “extremely complicated and chaotic,” says Mook. “Packed trains and buses often had little to no room for people’s animals, especially larger dogs. People had to make awful choices during a difficult situation.”

Ukraine is home to an estimated 5.5 million cats, and nearly 750,000 dogs. There is no official record of how many dogs and cats have been evacuated out of the country. Animals are never included in official figures during war time and almost always go unaccounted for and forgotten.

Mook teamed-up with Hachiko in September 2022 and is now using his knowledge to help them scale their pet food support operations in frontline and recently liberated communities where the need is greatest. Several of the devastated towns are very close to the frontlines and “have no electricity or running water,” says Mook.

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A Hachiko volunteer refills a pet feeding tube in Chasiv Yar-Bahmut, Ukraine.

> **Highly traumatized by the shelling and deafening sounds of war, many of these pets are too scared to approach the food if humans are around.**

"Many of the buildings and homes are heavily damaged or destroyed from the fierce fighting and occupation," he adds. "In some cases, residents had been living underground in basements for nearly a year, relying on aid while caring for their pets."

Based in the city of Kramatorsk located in the embattled Donetsk region, Hachiko is one of the only pet relief organizations working in these "hard-to-reach and more dangerous areas," Mook says.

Hachiko's founder Katya Onishchenko began helping abandoned animals at the start of the war when "hundreds of dogs and cats started appearing on the streets of our town," says Onishchenko. "After a couple of months, we started seeing animals dying of hunger. We had to act."

Starting in October 2022, the Hachiko team began delivering larger quantities of pet food to local residents caring for a number of homeless animals that were left behind. "We set up a call center allowing people to phone us with their pet food needs," Mook tells me. "With pet stores closed in these liberated towns, kibble and other pet supplies are in big demand."

Nate Mook poses with two abandoned dogs while helping homeless pets living in the communities of Ukraine's eastern front.

Mook spoke of one of the "incredible humans" he's met while making food deliveries. "In Sviatohirsk, we delivered several bags of pet food to a woman named Irina who spends her days taking care of a hundred stray dogs and 38 cats living around her home," he says. Prior to Hachiko assisting her, "she was making groats and oatmeal to help feed them during occupation."

"It's heart-wrenching seeing these animals suffering. But at the same time, I'm so inspired by the humanity behind these efforts to help them despite going through the trauma and horrors of occupation themselves," Mook added. With most of these animals wandering the streets, Mook and his team decided the gravity-fed feeder tubes would be the most efficient way to deliver food on a larger scale.

Highly traumatized by the shelling and deafening sounds of war, many of these pets "are sometimes too scared to approach the food if humans are around," says Mook. "This is why the feeder stations work so well, allowing them to access the food on their own, without force."

The Hachiko team so far has set up nearly 100 feeding stations in several cities and towns delivering over 11,000 kg of pet food. "We don't just fill them up and leave," says Mook. "We are supporting volunteers from the local community to manage and refill them in a way that's efficient."

The supplies of pet food are sourced locally through a joint partnership with Kormotech, the largest pet food manufacturer in Ukraine. Based in Lviv, Kormatech launched their Save Pets of Ukraine initiative at the start of the war ▶

PHOTOS NATE MOOK/HACHIKO

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A Hachiko volunteer delivers food to a local woman in Chasiv Yar-Bahmut, Ukraine who cares for a group of dogs made homeless by the war.

A homeless dog eats from a Hachiko feeding tube.

Several puppies feed from a pet feeding station set-up by the animal NGO Hachiko in Sviatohirsk, Ukraine.

and has now "delivered over 800 tons of pet food to animal welfare groups operating in Ukraine," says Kormatech spokesperson Kateryna Kovalyuk.

This important work near the war zone doesn't come without risk. Russian missile and artillery strikes are common in the areas where Hachiko is doing their work and conditions are very challenging. "We rely heavily on the knowledge of local partners and friends regarding our safety. Sometimes we are escorted into more hostile areas by the military and can only stay for a short time. There is always going to be risk operating in Ukraine," Mook told me.

While recently working in the southeastern town of Orikiv, Mook and his team spotted a young dog eating from one of the Hachiko feeders, a dog Mook remembered from months early. When we first saw him, he was "skin and bones," says Mook. Now having access to the feeders "he's doing much better!"

With no end to the war in sight, Mook plans to remain in Ukraine and continue installing more feeders while partnering with Ukrainian veterinary groups to help provide medical care and shelter to some of the animals most in need. "I know the important role pets play for emotional support," he says. "The pets are so connected culturally to the Ukrainian people and to this war. "It's truly representative of the humanity that Ukraine is fighting for." ■

PHOTOS NATE MOOK/HACHIKO

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TOP 15 DOG BEHAVIOUR MYTHS

Common canine behaviour misconceptions debunked

By Nicole Wilde

When it comes to dog behaviour, some widely accepted beliefs are simply not true. Here's the lowdown on 15 common canine misconceptions and the actual truth of the matter.

#1 Playing tug makes dogs aggressive

It's easy to see how this one might have started since many dogs vocalize when playing tug, but there is simply no evidence supporting this theory. A study published in the *Journal of Applied Animal Welfare Science* examined 50 people and their dogs playing tug-of-war-type games. Researchers concluded the game itself had no significant impact on aggression directed at either family members or strangers. In fact, they reported that dogs that played tug of war had more confident interactions with their people. This makes sense as tug is a cooperative behaviour directed at the "prey," a.k.a. the toy. Tug can provide exercise, release tension, act as an outlet for excess energy, and serve as a cooperative, fun activity.

Tug tip: Teach "drop it" so you can insert breaks into the game to control the excitement level. And if at any point teeth accidentally contact skin, say, "Too bad!" and put the toy away.

#2 Taking away food during mealtime prevents food aggression

The thinking behind this is you will accustom your pup to having people touch their food, but taking your pup's food while he's eating will only teach him that your approach means bad things happen. Instead, teach your puppy that your approach is a wonderful thing. Every now and then, pass by while your pup is eating and drop a super yummy treat in the dish.

#3 Dogs want to dominate you

Everything from jumping on people to pulling on-leash to exiting a doorway first has been ascribed to doggy dominance. But the truth is that dogs are not up at night plotting to overthrow our kingdoms. They simply do what works, and just need training and boundaries. The dominance myth, by the way, originated with a wolf study about "alpha wolves" that was later debunked. Sadly, the mentality had already trickled down to dog training and has never left, even though the training approaches motivated by correcting so-called "dominance" are outdated and damaging.

PHOTO #1 ELBUD/SHUTTERSTOCK; #3 LUCIGERMA/BIGSTOCK; TOP RIGHT SHANNON WEST/SHUTTERSTOCK

#4 A wagging tail means a happy dog

Many dogs wag their tails when happy, but don't assume that a waving fur flag always indicates joy. Dogs will wag their tail to convey a range of emotions, including happiness, feeling threatened, anxiety, submission, and excitement. An anxious or fearful dog may hold their tail low and wag in a small, fast arc. A confident dog or one who is broadcasting dominance over another dog may hold their tail high and wave it stiffly like a flag. Tail wags must be assessed in conjunction with other body language to paint an accurate picture of how a dog is feeling.

Pro tip: Direction of a tail wag can convey emotion. Studies show that dogs wag their tails slightly to the right when they are happy or confident and to the left when they are frightened.

#5 You should wait until puppies are fully vaccinated to socialize

Most behaviourists agree that the window of optimum socialization, meaning the period during which you can expose a pup to novel stimuli, and they will be less likely to fear those things later, is between four and 12 weeks. But vaccinations are normally not complete until 16 weeks. While traditional advice was to wait until full vaccination status was reached to socialize puppies, the American Veterinary Society of Animal Behavior now recommends introducing pups to new people, places, and experiences before sixteen weeks—just take it slow and avoid places with high canine traffic—and even advises starting puppies in kindergarten classes at seven to eight weeks old.

#6 Your dog feels guilty

You come home to find that your dog has shredded your favourite pair of slippers. "Bad boy! What did you do?" you admonish as your dog hangs his head and averts his eyes, ears lying flat. Is your dog feeling guilty? Probably not—he's simply reacting to being yelled at. Dr. Alexandra Horowitz, a dog-cognition expert at Barnard College, studied whether humans can detect guilt in dogs. Her study found that dogs most often looked guilty when a person scolded or was about to scold them, not when the dog actually disobeyed the person's request not to eat a treat.

So, do dogs actually feel guilty? Jury is out. "My study was decidedly NOT about whether dogs 'feel guilt' or not," says Horowitz. "I would feel dreadful if people then thought the case was closed on dogs (not) feeling guilt, which is definitely not the case."

PHOTO #4 TBERGPHOTO/BIGSTOCK; PHOTO #5 WILLEE COLE/BIGSTOCK; PHOTO #6 MENI PHOTOS/BIGSTOCK

#7 In a multi-dog home, the “alpha” should be given treats and attention first

Dogs establish dominance and submission among themselves. While some owners give the “top dog” treats and attention first to “support the hierarchy,” in fact, attempting to bolster either dog’s position by treating first is not likely to make any difference.

#8 Petting your dog when he’s afraid will reinforce the fear

Fear is an emotion and as such, it cannot be reinforced by receiving a reward. If I were afraid of being mugged and had to walk down a dark alley, would you giving me a piece of chocolate when I emerged make me feel any less afraid the next time? Nope. Behaviours can be reinforced; emotions cannot so go ahead and comfort your dog any way you’d like.

#9 Using treats to train dogs is bribery

Most dogs are food-motivated, and treats make training easy and fun for everyone. But there is a difference between a reward and a bribe. Treating a dog who comes when called is a reward. Waggling a treat while saying, “Come!” is bribery. Treats can eventually be replaced by real-life rewards such as a door opening for a walk or eventually phased out completely should you wish but there is no harm in rewarding good behaviour with a treat. Positive reinforcement makes relationships better.

#10 If your dog growls, you should punish him

Growling is a dog’s way of saying they’re uncomfortable with something. You want them to communicate this info, not escalate straight to biting. Think of growling as your dog’s early warning system. Veterinarian, animal behaviourist, and dog trainer Ian Dunbar calls deterring growling “removing the ticker from the time bomb.” Plus, if you punish dogs for growling, they will have one more negative association with whatever is causing stress.

Pro tip: If your dog growls, defuse the situation as calmly as possible. Then, begin to modify the behaviour by addressing the root of the problem.

#11 You can’t teach an old dog new tricks

This one is an oldie but goody, much like senior dogs themselves! You can absolutely teach an old dog new tricks. Done properly, trick training keeps canine minds active, and keeps dogs engaged and having fun. Studies of canine cognitive decline show that a multi-targeted approach, such as antioxidants combined with behavioral enrichment, is most effective at preventing dementia in dogs, so keep working that mental muscle!

PHOTO #7 NADEZHDA ZAITCEVA/BIGSTOCK; #8 WEBSUBSTANCE/BIGSTOCK; #9 GRAPHICPHOTO/BIGSTOCK; #10 NEW AFRICA/BIGSTOCK; #11 ANNETTE SHAFF/SHUTTERSTOCK; #12 STEPHM2506/BIGSTOCK; #13 SANDRA DEL RIO/BIGSTOCK

#12 When my dog barks at people or dogs who come near us on walks, she's protecting me

While there are some dogs who are protective of their owners, the vast majority of dogs are actually protecting themselves. The leash prevents your dog from getting away when a big scary thing (a person or other dog) is approaching. The bark is your dog's way of saying, "Don't make me come over there, you big scary thing!" when what he really wants is to drive the scary thing away.

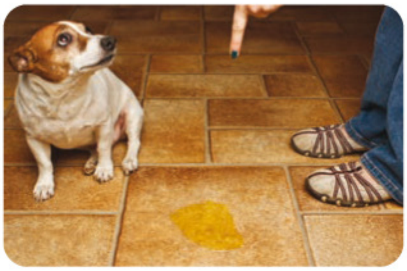
#13 Dogs who are afraid of men have been abused by a man

This is a common assumption, especially among those who adopt shelter dogs and discover that the dog is afraid of men. Fearful dogs are normally more afraid of men than they are of women or children. Men are generally larger, have deeper voices, move differently, and may stare more directly. Although it is always possible that a dog has been abused by a man, it should never be assumed.

PHOTO #14 MARKCARPER/BIGSTOCK; PHOTO #15 PHOTOBOYKO/BIGSTOCK

#14 Dogs urinate or defecate when we're gone to spite us

Though people commonly think their dog has eliminated inside the house to get back at them, perhaps for leaving them alone, this is not the case. Dogs lack the capacity for retaliation and revenge. A dog who has been potty trained but still has "accidents" when left alone may be suffering from separation anxiety. Or, he might be opportunistic, knowing that if he's caught in the act when your home, he'll be scolded, but when no one's around, all bets are off!



#15 Some dogs need a heavier hand when being trained

Regardless of whether a dog is reactive, aggressive, or what some would term stubborn, no dog needs harsh physical corrections. Meeting aggression with aggression is never the answer and is likely to make things worse. Training and behaviour modification using positive, gentle methods is the way to go even with the most severe behaviour cases. ■

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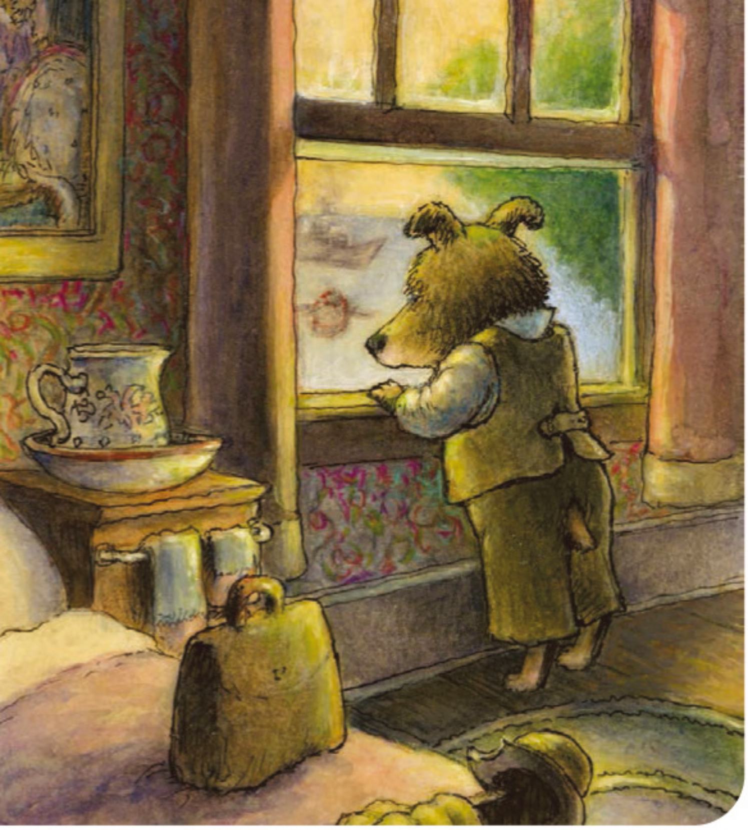
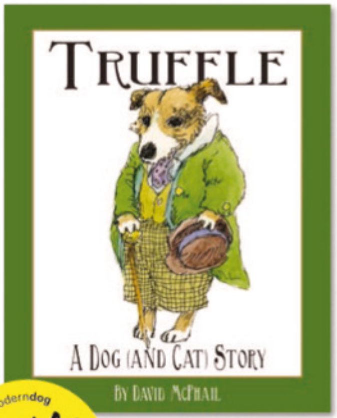
CONNIE'S BOOK CLUB

Editor-in-Chief Connie Wilson's Summer selection of must-read books for dog lovers



From *Truffle: A Dog (and Cat) Story* by David McPhail

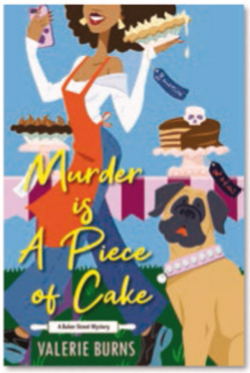

TRUFFLE
A Dog (And Cat) Story
By David McPhail

moderndog Highly Recommend

Truffle: A Dog (and Cat) Story

By David McPhail

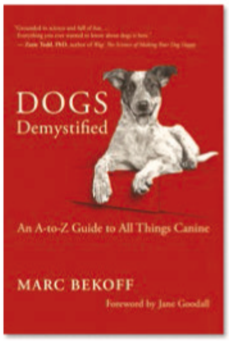
Inspired by a real dog who doesn't exactly care for cats, Truffle is a charming children's storybook that highlights the value of friendship, accepting others, and personal growth. Through Truffle's daily adventures, he discovers cats aren't as bad as they seem, and that change can be a good thing. An entirely winning read for the littles in your life.


Murder is A Piece of Cake
Valerie Burns

Murder is a Piece of Cake

By Valerie Burns

Social media influencer Maddy Montgomery is adjusting to her new life after moving to small-town Michigan to run her aunt's bakery and take care of a gigantic, 250-pound English Mastiff. Her struggles get a whole lot more serious when a rival bakery owner turns up dead. With the help of her new boyfriend and a quirky group of regulars, Mandy must endeavour to expose the murderer or find herself framed. This fun culinary cozy mystery is the perfect beach read!


DOGS Demystified
An A-to-Z Guide to All Things Canine
MARC BEKOFF
Foreword by Jane Goodall

Dogs Demystified: An A-Z Guide to All Things Canine

By Dr. Mark Bekoff

Have you ever wondered why your dog gets the zoomies or what is behind dog-pack behaviour? Dr. Marc Bekoff has compiled an engaging encyclopedic reference book that covers everything you could ever want to know. Covering care, dog-human relationships, and canine behaviour and cognition, it will help you better understand your dog.

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Beyond Dog Massage

By Jim Masterson with Robin Robinett, DVM

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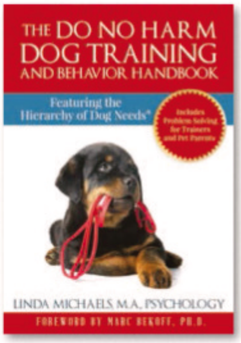
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LINDA MICHAELS M.A. PSYCHOLOGY
FOREWORD BY MARC BEKOFF, PH.D.

The Do No Harm Dog Training and Behaviour Handbook

By Linda Michaels

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Are you prepared for a dog emergency? The comprehensive First Aid Kit from Healer's Pet Care is a portable kit that comes with an all-natural wound spray, a leg wrap, gauze pads, and a roll of vet wrap. **($80, *healerspetcare.com*)**

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8. GOOD GUTS

Establish desirable gut microflora with Digest-Aide powder from McIntosh ProLine. With ingredients like yeast extract and oatmeal, it improves digestion and helps expel toxins and bad bacteria that cause digestive upset in dogs. Just add to your dog's food to reap the benefits! **($25, *mcintoshproline.com*)**

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10. SOOTHING SHAMPOO

Skin and coat problems? Smith&Burton Dermal Relief 2-in-1 Conditioning Shampoo is formulated with a blend of soothing ingredients such as evening primrose, karanja, marula, and neem oils, New Zealand manuka honey, and kiwi fruit extract to relieve and protect. **($34, *smithandburton.com* or *chewy.com*)**

11. IMMUNITY BOOSTER

Harness the power of mushrooms to boost your dog's immune system. I'm-Yunity's natural medicinal mushroom supplement for dogs is clinically proven to boost energy levels, stabilize white blood cell counts, and provide immune support. **(from $95, *buyimyunity.com*)**

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12. A CLEAN CRATE

Accidents and messes in your pup's crate happen. The Oxyfresh Cage & Crate Cleaner is made without any solvents, harsh chemicals, or added fragrance. It's a simple and safe cleaning solution for all crate types! **($16, *oxyfresh.com*)**

IRISH WOLFHOUND

An ancient, gentle giant back from the brink of extinction

By Kelly Caldwell

"Gentle when stroked, fierce when provoked!" they say of the Irish Wolfhound. From its early history on the battlefield to its current status as a beloved pet, here's a closer look at one of the dog world's legends.

Early History

The Irish Wolfhound is an ancient breed. The earliest written record dates all the way back to 391AD and pertains to seven Wolfhounds gifted to Quintus Aurelius in ancient Rome, where the immense dogs proved a source of great wonder and reverence.

It is thought the Irish Wolfhound descended from the ancient Roman war dogs—large, deep-chested, powerful dogs used to hunt and assist in battle. It's likely they brought their dogs along when they invaded Ireland in 1st century AD. Large, barrel-chested dogs were also used by the Vikings, who invaded Ireland in the 9th and 10th centuries. Speculation, based upon physical similarities, is that the Irish Wolfhound is a descendant of these strong, enormous dogs.

Whatever its earliest origins, the Irish Wolfhound was used as a war dog by the Celts in their homeland. Large packs of Wolfhounds were sent into battle to drag soldiers from horses and chariots. It can be hard to distinguish fact from legend, but it is said that Cormac mac Airt, one of the High Kings of Ireland, had a pack of 300 Wolfhounds used for battle.

The Irish Wolfhound was also, of course, used for hunting. Wolves, boar, and elk once existed in great numbers in Ireland. Dogs used to hunt these animals needed to be fast enough to catch a wolf and strong enough to kill it. Many breeds participated in these hunts, but none could match the Irish Wolfhound's combination of speed, power, and prey drive.

PHOTO FALCONSCALLAGRIM/ISTOCK

LOYAL. COURAGEOUS. GOOD-NATURED

The Irish Wolfhound was a dog reserved exclusively for royals and members of the nobility. Visiting royals or ambassadors were often given packs of these dogs as a very precious gift. But the habit of giving packs away and refusing to allow commoners to own them nearly spelled the end of the breed. By the mid-1600s, so few were numbers that Oliver Cromwell, Lord Protector of England, banned their export from Ireland. It's likely his decision saved the breed from extinction—however, other threats to the Irish Wolfhound would follow.

A Breed at Risk

Today, we know that wolves are apex predators whose presence has very positive impacts on ecosystems. In the 1600s and 1700s, wolves were greatly misunderstood—a threat and one to be eliminated. Humans wanted wolves killed, and the Irish Wolfhound proved so good at the task that, by the late 1700s, wolves were extinct in Ireland.

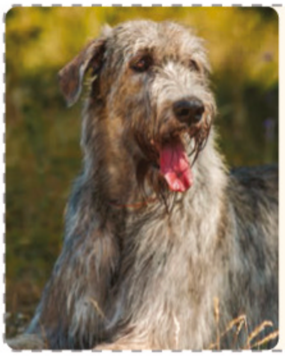
Jobless, the breed's numbers dwindled. Then came 1798 and the ill-fated Irish Rebellion—a violent uprising against British rule. The Irish Wolfhound—seen by the British as a symbol of Irish resistance—was slaughtered in great numbers. The British were so keen to obliterate this revered symbol of Irish heritage that they offered rewards to anyone who presented them with the head of a Wolfhound. Before long, Ireland's gentle giant was extinct.

A Turning Point

George Graham, a retired British Army officer, felt such an affinity for these dogs that he became determined to resurrect the breed. At this point, it's widely agreed that the true, original Irish Wolfhounds were extinct. However, Graham was armed with information, and he set forth with his plans to—if not revive—recreate the breed in the mid-1800s.

Get to Know the Irish Wolfhound

- ✓ Giant—special considerations arise
- ✓ Calm and even-tempered
- ✓ Very patient with children
- ✓ Incredibly loyal to his family
- ✓ The tallest breed on the planet
- ✓ Can be a little aloof with strangers
- ✓ Loves to run, but satisfied with daily walks



Fun Facts

- + Many fanciers believe this is one of the quirkiest, funniest breeds around.
- + Its history is shrouded in ancient Irish myths and legends.
- + Likes to give hugs and can stand as high as 7 feet.

PHOTOS TOP ASHVA/ISTOCK; PHOTO BOTTOM DARINA MATASOVA/SHUTTERSTOCK

> The Irish Wolfhound is the tallest dog in the world. Males standing upright to give their owners a hug can exceed seven feet tall.

A Second Chance

Graham scoured the country for authentic Irish Wolfhounds but ultimately had to introduce other breeds to accomplish his goal. He found and used crossbreeds whose lineage could be traced back to Irish Wolfhounds. From here, he added a variety of large, deep-chested breeds, including Deerhounds, Borzois, Mastiffs, Great Danes, and the Tibetan Kyi Apso.

This labour of love spanned more than two decades, during which time Graham successfully developed the Irish Wolfhound as we know it today. He founded the Irish Wolfhound Club in 1885 and remained involved in the breed's development until his death in 1909.

Coming to America

Thanks to Graham's work, interest in the breed was renewed. Irish Wolfhounds arrived in New England as early as the 1630s, but the breed remained extremely rare in North America for another two centuries. In 1897, the Irish Wolfhound was recognized by the American Kennel Club (AKC). By the time the Irish Wolfhound Club of America was founded in 1926, the breed was still a very rare sight, and only a handful of dogs had been registered.

Serious Stature

The Irish Wolfhound is the tallest dog in the world. Males standing upright to give their owners a hug (yes, really!) can exceed seven feet tall. The AKC Standard sets a minimum height at the shoulder for males at 32 inches; 30 for females. Ideal weights are 120 pounds for males and 105 pounds for females. The Irish Wolfhound's double coat is rough and wiry and accepted in an array of colours, including gray, brindle, red, black, pure white, and fawn. The head appears long because it's proportionate to the body. Long hair falls over the eyes and can also form a beard, lending a dapper air.

Living with the Irish Wolfhound

Irish Wolfhounds are calm, good-natured, and love to be with their people. They are sensitive and crave companionship—this is a Velcro dog that wants to be always with you.

The Wolfhound is affectionate but, in true hound character, can be a little aloof with strangers. With other large dogs, they

Profile: Irish Wolfhound

Size: Giant breed. This is the tallest breed in the world. Weights range from 105 pounds (females) to 120 pounds (males).

Activity level: ●●●○○

Daily exercise and ideally a backyard to run and cavort is ideal.

Grooming: ●●○○○

Moderate. The double-coat sheds moderately year-round. Weekly brushing and the occasional bath will keep your Irish Wolfhound looking dapper.

Heritage: Developed in Ireland for battle and hunting wolves, boar, and elk.

For more information on Irish Wolfhound rescue in the United States, visit *iwclubofamerica.org/rescue*. **In Canada,** visit *iwcc.ca/en_ca/rescue-2*.

If you like the Irish Wolfhound, you might also consider the...

Scottish Deerhound

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Borzoi

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For more breed profiles, go to *moderndogmagazine.com/breeds*

PHOTO TOP LEFT KAMILA VERESOVA/ISTOCK
BOTTOM INSET PHOTOS LEFT TO RIGHT LIFE ON WHITE/BIGSTOCK; ERIC ISSELÉE/ADOBE STOCK; CYNOCLUB/BIGSTOCK

tend to play well. Caution is advised around small dogs as well as cats, bunnies, or other small pets. The Irish Wolfhound may no longer be chasing down wolves, but prey drive remains, and introductions to smaller animals should be handled carefully.

Many consider the Irish Wolfhound one of the most gentle and loving dogs when it comes to kids. Here again, simply owing to their immense size, caution and supervision around small children is advised.

The Irish Wolfhound's ideal home has the space he requires—inside and out. A large yard is ideal, and fencing is an absolute must.

Training and Socializing

When you're living with a giant breed, training is vitally important. An unruly puppy can grow quickly into a massive, powerful problem. Start right at the puppy stage and commit to using only positive-reinforcement techniques. Irish Wolfhounds are very sensitive—big softies, really—and will not respond well to harsh corrections.

As for training, this is a sighthound, and if you've lived with one...you know. They can be, how shall we say, independent thinkers. Many speak of canine intelligence in the context of how keen a dog is to do someone's bidding. Sighthounds sometimes get a reputation for being unintelligent; in reality, they just are not very biddable. That said, your Irish Wolfhound will learn good manners from you if you find a way to engage and get them excited to learn.

Activities for Irish Wolfhounds

The Irish Wolfhound requires some room to roam, and it's no surprise that they love to run. They'll be happy with long daily walks but a yard with some room to gallop is ideal. Lure coursing is an obvious sport. It's truly a joy to watch these dogs in their element. This breed is versatile enough to tackle other sports and activities, too.

Caring for the Gentle Giant

The Irish Wolfhound is a natural beauty, the coat requiring only weekly brushing. The Irish Wolfhound sheds throughout the year, as compared to some breeds that blow their coats seasonally.

As with all purebreds, the Irish Wolfhound is prone to some disorders and genetic diseases. It's important to ensure that the breeder you're working with screens their dogs and is truly committed to the health and longevity of their breed.

On that last point, there is a final consideration. As with most giant breeds, the Irish Wolfhound's lifespan is short. Six to seven years is the average life expectancy.

This is a truly extraordinary dog. From the breed's ancient origins and fascinating history to its status today as a beloved pet, the Irish Wolfhound is truly a living legend. ■

DOGGONE Good Reads!

When Noah reluctantly returns to his hometown, he's a magnet for the neighbor's **cocker spaniel**, Sadie, who lends him comfort in this moving and hilarious novel about finding your way.

Social media #SuperStar, Maddy Montgomery, runs a Michigan bakery and solves crimes alongside her 250 lb **English Mastiff**, Baby, who helps her **sniff out** the criminals…

When someone offs a local farmer in her small Kansas town, café owner/amateur sleuth, Sissy Yoder, and her loyal **Yorkie**, Duke, must **dig for clues** to weed out the culprit.

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A Hero in This Life & Beyond

Robby was bred to be a guide dog but was released after evaluation. I got him at 10 weeks old, and during the car ride home, I knew I had a very special boy. He became a registered therapy dog and for many years visited with seniors, special needs children, and kids at our local library. He developed a small fan following and brought comfort and joy to everyone he met. He recently passed at the age of 12, and we donated him to the Cornell Veterinary Biobank so he could be, as they put it, a hero for science.—***Christy Ann Coppola***

The Tongue

First training appointment, Maria's dog, Conrad, a gorgeous Boxer jumped on me with what felt like a cross between an eel and a soft, soggy salami slapping against my arm. It was his tongue. Sniffing outside it dragged over broken glass. Maria's embarrassment at people's reaction to the tongue was heartbreaking. Her vet had no solution. I called the Animal Medical Center and two weeks later Conrad looked normal, at no charge to Maria because it was a first-of-its-kind operation for the Center. And the best part was seeing Maria beam with pride when she walked Conrad.—***Tom Shelby***

Family Unit

I take comfort in Richie's L.L. Bean flannel against my cheek, his sturdy arms across my back, and the smell of the coconut oil in his hair. But it's when I hear the jingle of Seymour's collar and feel our little gray dog's front paws on the side of my leg that I am complete. "Family hug!" Richie and I say in unison, as Seymour jumps up and joins us. We are three beings, held together in one embrace. As my friend Annie said: two people is just a couple, but two people and a dog is a family.—***E.B. Bartels***

The Joy of Fostering Senior Dogs

My first senior foster dog was a tiny 14-year-old Chihuahua named Daydream from Muttville Senior Dog Rescue in San Francisco. The nearly 60 senior dogs I've fostered have taught me how to love life every day. All they want is to be loved, even when various life circumstances leave them searching for a new home, sometimes after more than a decade. The resiliency of senior dogs has shown me that the past doesn't matter, it is the here and now that counts. Adopt a senior dog, and you will know what true love is.—***Lisa Arden***

Indominable Spirit, Unwavering Love

A bleeding, puppy hobbled down a street after escaping from a horrific place where he was being deliberately abused—three broken legs, a broken jaw, and burns over half his body.

A human angel rescued him. He kissed his doctors although he had only known cruelty from humans. I knew I had to be his mom to nurture him, to help him heal. Now it's six years later. He still limps, much of his fur has not grown back, but my Barney's love has never wavered.—***Rosemarie M. Hawkins***

No Way Out

Lily was the worst puppy imaginable: interminable diarrhea, poop-eating, vomiting, biting, chewing, clawing, and jumping... with dead-fish eyes that looked up at you while she recharged her almost nondepletable German Shepherd battery. We wouldn't have given her to our worst enemy! We were doomed.

But, somehow, miraculously, we survived—and became much better people. Lily taught us patience, perseverance, and unconditional love.

It paid off: She is five now, and the love of our lives! Lily is sweet, funny, and affectionate... and she no longer looks up at us with dead-fish eyes. Her eyes are now soft and adoring.—***Carolyn Luna***

Get published in Modern Dog! Submit your dog story of no more than 100 words (word count strictly enforced) to *tinydogstories@moderndogmagazine.com*. *By submitting, you are consenting to publication of your story.*

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9 INTERESTING DOG FACTS

Fascinating dog trivia and little-known canine facts

By Rose Frosek

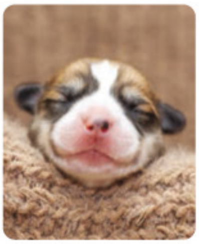
All Hail the King

The AKC recognizes 31 different terriers, from the ever-popular Yorkshire Terrier to less common breeds like the Bedlington and Dandie Dinmont Terriers. The Airedale Terrier, "the King of Terriers," is the largest of all the terrier breeds.

Cooperative Canines

A 2015 study demonstrated that dogs are among a small group of animals who exhibit cooperative, pro-social behaviour without any reward. In the study, the participating dogs displayed voluntary, unselfish acts of kindness by donating food to a canine partner.

Helpless as a Newborn Pup



All puppies are born deaf (as well as blind and toothless). Until around two weeks of age, they can only sense vibrations. By two-and-a-half to three weeks, they'll be able to hear clearly, though their hearing continues to develop until five weeks of age.

They Didn't Go Down with the Titanic

Three dogs survived the historical sinking of the Titanic in 1912. Two Pomeranians and one Pekingese—all from First Class cabins.

The Two Month Wait

Dogs are pregnant for about two months. A dog pregnancy can vary between 56 – 70 days. Typically, puppies should arrive about 63 days—just over two months—after conception.

Sweaty Feet

On a hot day you may notice your dog leaving behind a trail of wet footprints on a dry, smooth floor—that's dog sweat! Unlike humans, who have sweat glands covering most of their body, most of a dog's sweat glands are located on their paw pads and on their nose. Although dogs do sweat, their primary cooling mechanism is panting.

The Holy Dogs of Tibet

Bred in monasteries, Tibetan Terriers were known as the holy dogs of Tibet. They were never sold, instead given as gifts said to bring good fortune to the recipient.

Descended From Wolves

Dogs evolved from a now-extinct species of wolf. Dogs were the first animal domesticated by humans, over 20,000 years ago. During their evolution from wolves, their skulls, teeth, and paws diminished in size and they became more docile and obedient (well, some of them). Evidence from fossils suggests that five types of dogs had evolved by the Bronze Age, around 4500 BC. These were Mastiffs, wolf-type dogs, Greyhound-like dogs, pointing dogs, and herding dogs, reports *National Geographic*.

Puppy Love

Dogs are the most popular pet on the planet! A third of all households around the world have a dog. Dogs serve many roles, companion, helper, and protector included.

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Observe a 6-week washout interval following discontinuation of therapy with RECONCILE chewable tablets prior to the administration of any drug that may adversely interact with fluoxetine or its metabolite, norfluoxetine. **Human Warnings:** Not for use in humans. Keep out of reach of children. In case of accidental ingestion seek medical attention immediately. **Precautions:** RECONCILE chewable tablets are not recommended for the treatment of aggression and have not been clinically tested for the treatment of other behavioral disorders. Studies in breeding, pregnant or lactating dogs and in patients less than 6 months of age have not been conducted. Seizures may occur in dogs treated with RECONCILE chewable tablets, even in dogs without a history of epilepsy or seizures (see **Adverse Reactions**). Before prescribing RECONCILE chewable tablets, a comprehensive physical examination should be conducted to rule out causes of inappropriate behavior unrelated to separation anxiety. RECONCILE chewable tablets have not been evaluated with drugs that affect the cytochrome P450 enzyme system and should be used with caution when co-administered with any drug that affects this system. Studies to assess the interaction of RECONCILE chewable tablets with tricyclic antidepressants (TCAs) (e.g., amitriptyline, clomipramine) have not been conducted. The minimum washout period to transition dogs from TCAs to RECONCILE chewable tablets has not been evaluated. Data demonstrate that TCAs are cleared 4 days following discontinuation.[1,2] **Adverse Reactions:** In two North American field studies involving 427 dogs, the following adverse reactions were observed at a rate of $\geq$ 1% in dogs treated with RECONCILE chewable tablets ($n=216$): calm/lethargy/depression (32.9%), decreased appetite (26.9%), vomiting (17.1 %), shaking/shivering/tremor (11.1 %), diarrhea (9.7%), restlessness (7.4%), excessive vocalization (including whining) (6.0%), aggression (4.2%), otitis externa (2.8%), disorientation (2.3%), incoordination (2.3%), constipation (1.4%) and excessive salivation (1.4%). **Other adverse reactions: *Seizures:*** One of 112 dogs in the control group and three of 117 dogs that received RECONCILE chewable tablets experienced the serious adverse reaction of seizures during or after the end of the treatment period. One dog that was treated with RECONCILE chewable tablets experienced two seizures 10 days after the end of therapy and, despite escalating phenobarbital doses, died in status epilepticus approximately six months after the first seizure. In the second study, one of 99 dogs treated with RECONCILE chewable tablets and one of 99 dogs treated with the control tablet experienced the serious adverse reaction of seizures. Lastly, in a European multi-site study, one dog treated with a daily dose of 0.4 mg/kg for one month experienced one seizure one week after discontinuing therapy. ***Weight loss:*** In field studies, a weight loss $\geq$ 5% (relative to pre-study body weight) was observed in 58 (29.6%) of dogs treated with RECONCILE chewable tablets and 24 (13.0%) of control dogs. No dogs were withdrawn from clinical studies due to weight loss alone. **Dose reduction:** Twenty dogs in the RECONCILE chewable tablet group and five control dogs required a dose reduction due to unacceptable adverse reactions, the majority intermittent and mild, generally anorexia, vomiting, shaking and depression. Lowering the dose eliminated or reduced the severity of these reactions in the RECONCILE chewable tablet group only, while resumption of the full dose resulted in a return of the initial adverse reactions in approximately half the affected dogs. One dog experienced recurrence of severe adverse reactions, which necessitated withdrawal from the study. Additionally, two dogs required a second dose reduction of RECONCILE chewable tablets. **Post Approval Experience (Rev. 2010)**: The following adverse events are based on post-approval adverse drug experience reporting with RECONCILE® chewable tablets. Not all adverse reactions are reported to FDA CVM. It is not always possible to reliably estimate the adverse event frequency or establish a causal relationship to product exposure using this data. The following adverse events are listed in decreasing order of reported frequency: decreased appetite, depression/lethargy, shaking/shivering/tremor, vomiting, restlessness and anxiety, seizures, aggression, diarrhea, mydriasis, vocalization, weight loss, panting, confusion, incoordination and hypersalivation. For a copy of the Safety Data Sheet (SDS) or to report suspected adverse drug events, contact Pegasus Laboratories at 1-800-874-9764. For additional information about adverse drug experience reporting for animal drugs, contact FDA at 1-888-FDA-VETS or www.fda.gov/reportanimalae. **Effectiveness:** In one randomized multi-centered, double-blinded, vehicle-controlled study of 8 weeks' duration, 229 dogs were evaluated at 34 investigative sites in the United States and Canada. One hundred seventeen dogs were randomized to 1-2 mg/kg/day of RECONCILE chewable tablets and 112 dogs were randomized to the control group. Both groups underwent concurrent behavior modification. In seven of the eight weeks, the percentage of dogs with improved overall separation anxiety scores was significantly higher ($p < 0.05$) among dogs treated with RECONCILE chewable tablets compared to dogs that received the control tablet. At the end of the study, 73% of dogs treated with RECONCILE chewable tablets showed significant improvement ($p=0.010$) as compared to 51% of dogs treated with behavior modification alone. Dogs treated with RECONCILE chewable tablets also showed improvement in destructive behavior, excessive vocalization and restlessness over dogs that received the control tablet. In addition, dogs in both groups experienced improvement in inappropriate urination, inappropriate defecation, excessive salivation, excessive licking/grooming, shaking/shivering and depression. Overall separation anxiety severity scores improved more rapidly for dogs taking RECONCILE chewable tablets than those dogs receiving the control tablet. The same effect was also noted for the individual scores for excessive vocalization and depression. **To obtain full product information please call 800-874-9764 or visit Reconcile.com • 10-2017S • Approved by FDA under NADA #141-272 • Pegasus Laboratories, Inc.**

[1] Plumb DC. Amitriptyline. Veterinary Drug Handbook 5th Edition (Pocket Edition). Iowa State Press. Ames, IA. Page 39, 2002. [2] Hewson CJ, et.al. The pharmacokinetics of clomipramine and desmethylclomipramine in dogs: parameter estimates following a single oral dose and 28 consecutive daily doses of clomipramine. J Vet Pharmacol Therap 21 :214-222, 1998.

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